

Year Level: 10

KLA: HPE

Subject: Physical Education

Week	Unit	Learning Focus	Victorian Curriculum
1 – 5	Volleyball	<ul style="list-style-type: none">• Learn the importance of team play• Understand rules and requirements of the game• Apply tactical knowledge and game sense in competitive situations• Become competent in officiating	<p>Perform and refine specialised movement skills in challenging movement situations (VCHPEM152)</p> <p>Develop, implement and evaluate movement concepts and strategies for successful outcomes (VCHPEM154)</p> <p>Devise, implement and refine strategies demonstrating leadership and collaboration skills when working in groups or teams (VCHPEM158)</p> <p>Transfer understanding from previous movement experiences to create solutions to movement challenges (VCHPEM159)</p> <p>Reflect on how fair play and ethical behaviour can influence the outcomes of movement activities (VCHPEM160)</p>
5 - 10	Footy Codes	<ul style="list-style-type: none">• Learn the importance of team play• Understand rules and requirements of the game• Apply tactical knowledge and game sense in competitive situations• Become competent in officiating	<p>Perform and refine specialised movement skills in challenging movement situations (VCHPEM152)</p> <p>Develop, implement and evaluate movement concepts and strategies for successful outcomes (VCHPEM154)</p> <p>Devise, implement and refine strategies demonstrating leadership and collaboration skills when working in groups or teams (VCHPEM158)</p> <p>Transfer understanding from previous movement experiences to create solutions to movement challenges (VCHPEM159)</p> <p>Reflect on how fair play and ethical behaviour can influence the outcomes of movement activities (VCHPEM160)</p>
11- 12	Badminton	<ul style="list-style-type: none">• Further develop hand-eye coordination• Understand rules and requirements of each particular game• Apply tactical knowledge and game sense in competitive situations• Explore the relationships between lever length and force production	<p>Transfer understanding from previous movement experiences to create solutions to movement challenges (VCHPEM159)</p> <p>Develop, implement and evaluate movement concepts and strategies for successful outcomes (VCHPEM154)</p>

13-15	Softball	<ul style="list-style-type: none"> • Further develop hand-eye coordination • Understand rules and requirements of each particular game • Apply tactical knowledge and game sense in competitive situations • Explore the relationships between lever length and force production 	<p>Transfer understanding from previous movement experiences to create solutions to movement challenges (VCHPEM159)</p> <p>Develop, implement and evaluate movement concepts and strategies for successful outcomes (VCHPEM154)</p>
16-18	Ultimate Frisbee	<ul style="list-style-type: none"> • Learn the importance of team play • Understand rules and requirements of the game • Apply tactical knowledge and game sense in competitive situations • Become competent in officiating 	<p>Perform and refine specialised movement skills in challenging movement situations (VCHPEM152)</p> <p>Develop, implement and evaluate movement concepts and strategies for successful outcomes (VCHPEM154)</p> <p>Devise, implement and refine strategies demonstrating leadership and collaboration skills when working in groups or teams (VCHPEM158)</p> <p>Transfer understanding from previous movement experiences to create solutions to movement challenges (VCHPEM159)</p>
19-20	Minor Games	<ul style="list-style-type: none"> • A reward for a good semester's work 	<p>Reflect on how fair play and ethical behaviour can influence the outcomes of movement activities (VCHPEM160)</p>