



# insideout

ALEXANDRA SECONDARY COLLEGE

FEB 12, 2024

WEEK 3

## Congratulations 2024 House Captains!



Congratulations to this years House Captains, what a stellar bunch of individuals elected by our student body. We are always extremely proud of all of our students that step up, and put them selves out there. You are all winners in our eyes.

*See Individual house photos on pg4*

## Dates to Remember

Friday 16th February - Swimming Carnival.  
Thursday 22nd February - School Photo Day.  
Tuesday 27th February - Investiture Assembly.  
Tuesday 12th March - Year 7 Camp  
Friday 29th March - Last Day Term 1

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### Principal's Report

Keep updated with College News.

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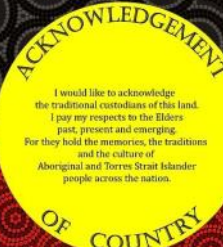
### We are talking about

Things we are enjoying this term.

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### School Photos

Check out what packages are available to order.



# Principal's Report

One of the best days on our school calendar is almost here; Our annual Swimming Sports are on Friday 16th February. This is a great day where we celebrate not only excellence but also participation. Our swimming carnival is full of colour and while not required, we love that most students come in their House colours and many show great imagination with their costumes.

Parents and family are very welcome to attend as either spectators or helpers (there is always room for a parent on a stopwatch).

Just a few rules for families to be aware of:

- Students need to wear appropriate bathers at our school event, being conscious that anything too revealing can make others feel uncomfortable. For example, bather bottoms should cover the students bottom.
- We require students to cover up with T-Shirts or the like when not swimming to be SunSmart.
- Zinc and streamers are not permitted as this affects the pool water/filters.
- No "Takeaway" food e.g. chips/pizza is allowed in the venue and we ask parents to please support us with this. We run a BBQ at the pool for students wishing to buy food and drink.

- Students may not use mobile phones without first seeking permission from staff, if parents need to contact their son/daughter they should do so by ringing the front office as is usual practice.

Congratulations to all students who bravely ran in our House Captain elections and spoke so well. We had an excellent field of candidates and as a result we have a great group of senior and junior House Captains who will be leading their houses at the swimming sports and future events.

**Nigel Lyttle**

[nigel.lyttle@education.vic.gov.au](mailto:nigel.lyttle@education.vic.gov.au)

**Emma Kidd**

[emma.kidd@education.vic.gov.au](mailto:emma.kidd@education.vic.gov.au)



Thank you to our wonderful VET Hospitality students for providing delicious drinks on Friday!

## Child Safety

Alexandra Secondary College is committed to child safety.

Members of the school community can view our Child Safety Policies, along with all of our other school policies, on our school website:

Alexandra Secondary College | Policies  
([asc.vic.edu.au](http://asc.vic.edu.au))

## Year Level Co-ordinators

### Year 7 -

**Sharon Parbery**

[sharon.parbery@education.vic.gov.au](mailto:sharon.parbery@education.vic.gov.au)



### Year 9 -

**Catherine Collett**

[catherine.collett@education.vic.gov.au](mailto:catherine.collett@education.vic.gov.au)



### Year 11 -

**Rebecca van Lierop**

[rebecca.vanlierop@education.vic.gov.au](mailto:rebecca.vanlierop@education.vic.gov.au)



### Year 8 -

**Melinda Evans**

[melinda.evans@education.vic.gov.au](mailto:melinda.evans@education.vic.gov.au)



### Year 10 -

**Penny Stuart**

[penny.steuart@education.vic.gov.au](mailto:penny.steuart@education.vic.gov.au)



### Year 12 -

**Kate Mullins**

[kate.mullins@education.vic.gov.au](mailto:kate.mullins@education.vic.gov.au)



# Drs In School Program

At ASC we are fortunate to have the Doctors in Secondary Schools (DISS) Program running once again in 2024.

The DISS Program is funded through the Victoria Government to ensure secondary students have access to the health services they need. We have a visiting GP, Dr Joyce Manthi and Nurse Practitioner, Laura Hopkins from GPS on Vermont, come to our school each fortnight starting on Wednesday 13th Feb.

This is a bulk billed service and available to all students. Medicare number, child ref number and exp date are required. Parents can make an appointment for their child and are welcome to attend.

To make an appointment parents can email [kerry.mcgahy@education.vic.gov.au](mailto:kerry.mcgahy@education.vic.gov.au) or phone Kerry on 5770 2010.

Students can also make an appointment by contacting Kerry via teams, email or in person. Appointments time are available between 11.15am - 2.30pm.

Dates for term 1 are;

**Wednesday 14th Feb**

**Wednesday 28th Feb**

**Wednesday 13th Mar**

**Wednesday 27th Mar**



If you have any questions regarding this program please contact Kerry.



# 2024 House Captains



L to R—Snr Cpt, Emily Irwin, Jnr Cpt Aiden Campbell, Snr Cpt Riley Kirkpatrick and Jnr Cpt Ava Carr



L to R Jnr Cpt Ella Dean, Snr Cpt Nathan Henficks, Snr Cpt Chloe Dean, Jnr Cpt Lachie Tatham



L to R Jnr Cpt Logan Conway, Snr Cpt Ruby Russell, Jnr Cpt Asher Kaiser, Snr Cpt Will Wright



L to R Snr Cpt's Archie McGahy , Tahlee Christie, Jnr Cpt Maddy Ware

Our students are talking about ...

## What they are enjoying most, so far in Term 1

Aiden is thoroughly enjoying PE this term, as it is always nice to cool off at the Pool.

**Aiden C**



Charlie is making the most of Homework club this term, not only does he get to study without distraction, he also really enjoys the chips.

**Charlie F**



Charlotte loves doing 'hands on' work, so she is really enjoying PE and Woodwork.

**Charlotte B**



CR Is really enjoying woodwork and Pe as she loves being active and doing the fitness test. In woodwork she enjoys using all of the different tools available to her, to complete her project.

**CR**



Harrison is loving his PE modules at the moment - warm weather and our awesome swimming program is the perfect combination.

**Harrison C**



Bella is really enjoying studying different subjects and having different Teachers throughout her day.

**Bella T**



# ALEXANDRA SECONDARY COLLEGE

## SPORTS QUARTER ZIP JUMPER

ONLINE OPENING DATE: MONDAY 5<sup>th</sup> FEBRUARY 2024

**ONLINE CLOSING DATE: FRIDAY 23<sup>rd</sup> FEBRUARY 2024**



Quarter Zip Jumper = \$62

Follow the following easy steps to order your garments online.

1. Go to [www.fcw.com.au](http://www.fcw.com.au)
2. Click on 'School Uniforms Shops' (half way down the page)
3. Find your school logo and click on that.
4. This page will then give you up to date information such as **cut-off date for orders and delivery.**
5. Select the relevant garment or package (if applicable)
6. Select size and quantity.
7. Then click ADD TO CART.
8. If you wish to proceed to checkout click VIEW CART or to continue shopping, click CONTINUE
9. At any stage if you wish to view your cart, click on the trolley icon at the top of page

Please ensure you have referred to the size chart and ordered the correct size.

Fashion Clubwear only manufactures to order. There will be an administrative charge of \$15 (Incl. GST) if any changes are required to your order prior to the shop being closed. Once the shop is CLOSED, NO changes can be made to your order. NO refunds will be given after your order has been submitted. Late orders will not be accepted.

Upon successful completion of your order, you will be emailed a copy of your order as confirmation. If you don't receive a copy of your order by email, either your order was not successfully completed or the email address you provided was incorrect.



This is a purely optional purchase—to be worn for PE and on Sports Days.

# School Photo Day - 2024

## Individual package details

**Premium Pack**  
\$58



**Classic Pack**  
\$53



**Value Pack**  
\$49



**Essential Pack**  
\$46



**Basic Pack**  
\$43



\* Only available when purchasing one of the packs listed above.

**Gift Pack\***  
All 12 items

\$15



**Class Group Photo**  
\$34



**msp photography**  
Local Service | Bigger Smiles

**MSP Photography Murray River Region**

03 5482 3190 | admin.mrr@mnp.com.au  
PO Box 13, Moama 2731  
[www.mnp.com.au](http://www.mnp.com.au)

# Sibling Photo Package Details

**Deluxe  
Pack**  
**\$39**



1 x 25.4 x 20.3cm



2 x 12.7 x 17.8cm



2 x 12.7 x 8.9cm



Portrait Download  
(Not print quality)

**Value  
Pack**  
**\$33**



2 x 12.7 x 17.8cm



4 x 12.7 x 8.9cm



Portrait Download  
(Not print quality)

**Standard  
Pack**  
**\$28**



1 x 12.7 x 17.8cm



2 x 12.7 x 8.9cm



Portrait Download  
(Not print quality)

\* Only available when purchasing one of the packs listed above.

**Gift  
Pack\***  
All 7 items  
**\$15**



1 x Photo Calendar  
25.4 x 20.3cm



4 x 6.4 x 4.6cm



2 x Photo Gift Tags  
6.4 x 12.7cm

  
**msp  
photography**  
Local Service | Bigger Smiles

**MSP Photography Murray River Region**

03 5482 3190 | admin.mrr@msp.com.au

PO Box 13, Moama 2731

[www.msp.com.au](http://www.msp.com.au)

# Applications for CSEF for 2024 are now open.

## The Camps, Sports and Excursions Fund (CSEF) payment arrangements are now open.

Families holding a valid means tested concession card (Eg: Health Care Card or Veteran Affairs) are eligible to apply from the 27th of January. Secondary College students will be eligible for \$225.00 and it will be paid directly to the school to be used towards camps, sports and excursion costs.

The same form also allows the provision of a uniform pack for Year 7 students at mid year.

Please call at the School office for an application form. We will also require a copy of your current card.

CENTREPAY is now available as an option for families to pay for their 2024 School Fees.

Centrepay is a free payment option provided by Centrelink for families in receipt of a Centrelink payment. It allows families to select a one off or a continuing payment which is deducted from Centrelink benefits.

Applications can be made online or over the phone quoting Alexandra Secondary College's CRN 555-105-147B

If you think that you may qualify for this service, we have forms available.

Please contact Anne Norris at the College office for further information, or email [anne.norris@education.vic.gov.au](mailto:anne.norris@education.vic.gov.au)

## Uniform Store Update.....



Just a reminder the uniform store will continue to operate on Monday morning 8.30-11.30 and Wednesday afternoon 12.30 to 3.30. The uniform store is **CARD ONLY**. You can also purchase school uniform through our website.

## Swimming Carnival



We will be having our annual swimming carnival on Friday the 16th of Feb. We encourage Parents and family members to pop in on the day and share in some of our school spirit. If you would like to spend some time assisting (even if you only have an hour or two) please email Ally Crouch at [allison.crouch@education.vic.gov.au](mailto:allison.crouch@education.vic.gov.au)

# Immunisation Information

Year 7 and Year 10 secondary school students can receive free immunisations

as part of the National Immunisation Program.

Vaccines given as part of the Secondary School Immunisation Program are delivered in school settings by nurse immunisers from local council immunisation providers. You will receive information about providing or declining your consent for your child to be immunised. You might be asked to do this online, such as through the Central Immunisation Records Victoria (CIRV) portal, or by filling in a consent form.

Your child can also receive immunisations at your GP, a local council immunisation service and at some pharmacies.

Learn more about the Secondary School Immunisation Program in Victoria at: [www.betterhealth.vic.gov.au/health/healthyliving/immunisation-in-secondary-schools](http://www.betterhealth.vic.gov.au/health/healthyliving/immunisation-in-secondary-schools)

Some immunisations are routinely provided free of charge to all Victorian secondary school students.

Students in Year 7 (or aged 12 to 13) receive the human papillomavirus (HPV) vaccine and the diphtheria, tetanus and pertussis (whooping cough) combined vaccine.

Students in Year 10 (or aged 14 to 16) receive the Meningococcal ACWY vaccine.

Your child's school will support your local council to deliver these important immunisations, as part of the Secondary School Immunisation Program. They will communicate with you about upcoming immunisation sessions.

You will receive information about providing or declining your consent for your child to be immunised. You might be asked to do this online, such as through the Central Immunisation Records Victoria (CIRV) portal, or by filling in a consent form.

Learn more: [www.betterhealth.vic.gov.au/health/healthyliving/immunisation-in-secondary-schools](http://www.betterhealth.vic.gov.au/health/healthyliving/immunisation-in-secondary-schools)

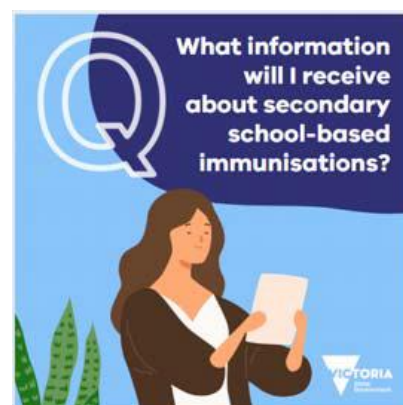
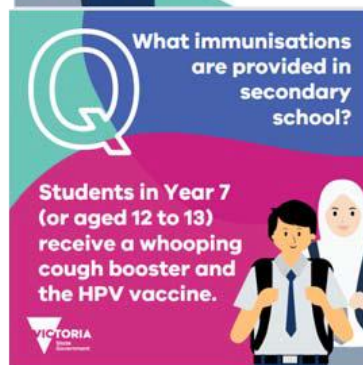
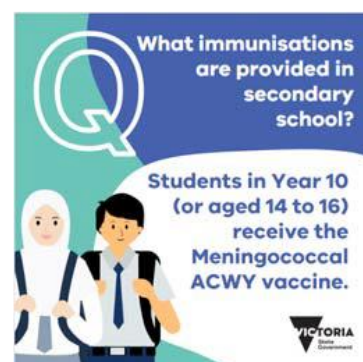
Consent via printed consent forms

If you have a child in Year 7 or Year 10 at secondary school in 2024, look out for immunisation information and consent information coming home with your child. Parents or guardians must complete the consent section on the consent form for your child to receive immunisation.

You can say no to the offer of free, secondary school-based immunisation for your child. If you wish to do so, you should still return the consent section of the form to the school, marked as 'declined'.

When your child brings the information and consent form home, take time to talk with your child about vaccination – why it's important and how you both feel about it. If you have any questions that are not answered by the information provided within the consent form, contact your GP or your local council immunisation service.

Learn more: <https://www.betterhealth.vic.gov.au/health/healthyliving/immunisation-in-secondary-schools>



## Online consent

If you have a child in Year 7 or Year 10 at secondary school in 2024, look out for immunisation information and consent information that is sent to you.

Parents or guardians must complete the consent section on the relevant online portal (such as the Central Immunisation Records Victoria portal, or CIRV) for their child to receive immunisation.

You can say no to the offer of free, secondary school-based immunisation for your child. If you wish to do so, you should decline your consent online.

When you receive the information, take time to talk with your child about vaccination – why it's important and how you both feel about it. If you have any questions that are not answered by the information provided with the consent form, contact your GP or your local council immunisation service.

Learn more:

<https://www.betterhealth.vic.gov.au/health/healthyliving/immunisation-in-secondary-schools>

Yes, vaccines are safe. The vaccine development process is very thorough. All vaccines used in Australia are rigorously tested by the Therapeutic Goods Administration before and after they are approved.

Even once vaccines are in use they continue to be monitored for safety and effectiveness.

Immunisations are the best way to keep your child safe from harmful diseases.

When you protect your child from these diseases, you also protect others in your family and community who cannot be immunised, by limiting the spread of disease.

At secondary school-based immunisation sessions, students are vaccinated by immunisation nurses who are specially qualified to provide this service. Your local council works with your child's school to provide a safe environment for students, staff and the immunisation team.

More information: [www.betterhealth.vic.gov.au/health/healthyliving/Immunisationcommon-questions](http://www.betterhealth.vic.gov.au/health/healthyliving/Immunisationcommon-questions)

If your child has missed any of their secondary school-based immunisations, speak to your school, GP, pharmacy, or local council immunisation service about how they can catch up. Many community pharmacies offer free immunisations to eligible adolescents.

To see if your child is due for any immunisations, check your child's immunisation history statement on the Australian Immunisation Register using your MyGov account. If your child is over 14 years old, they will need to access their immunisation history statement themselves through their own MyGov account or the Medicare mobile app.

Learn more about missed immunisations:

<https://www.health.vic.gov.au/immunisation/adolescent-vaccinations-outside-of-school-and-catch-up-immunisation>

