



insideout

ALEXANDRA SECONDARY COLLEGE

MAY 22, 2023

TERM 2 WEEK 5



Last week our Year 7 Girls travelled to Benalla to represent our school in the Round Robin Netball Competition. We had many of our beautiful students represent us in different locations on the Tuesday, however we thought these girls needed a special mention for their super star sportsmanship, and the integrity they displayed whilst out and about representing our school.

Article on Page 3

Dates to Remember

Friday May 26 - Cross Country held at Yea

Monday June 12 - Public Holiday

Tuesday June 13 - Music Concert at Shire Hall

Pg.1

Principal's Report

Keeping our parents informed.

Pg.3

Supporting our Students

A message from our Wellbeing Team.

Pg.4

It's all about Volleyball..

Get up to date on all of our Volleyball news.

Acknowledgement of Country

We acknowledge the Taungurung people, the Traditional Owners of this land. We pay our respects to their leaders and Elders past, present and emerging, for they hold forever the memories, traditions, culture and hopes of all Taungurung people.

Principal's Report

Last Tuesday we had teams of students competing at secondary schools around the Southern Ranges area in the second Round Robin of the year.

As always, our students competed with great sportsmanship and team spirit. It has been lovely to receive emails from other school communities commenting on our wonderful students and their sportsmanship. Well done to all who represented our college and thanks to our coaches: George Nadj, Anne Nadj, Mark Davies, Michael Mawson, Paul Francis, Ally Crouch and Kate Mullins.

We are pleased to inform you that we have appointed Philip Stevenson as our new Careers Coordinator. Philip comes to us with excellent industry experience and is looking forward to working with and getting to know our students and wider school community.

Our Year 12s had a valuable taste of tertiary education life on Thursday. They visited Swinburne University of Technology. There they had a taste of Degree and TAFE courses as well as experiencing a couple of different types of student accommodation. Thanks to Jacinta Marchetti, Bron

Howell and Phil Stevenson taking our 12s on this excursion. Visiting University and TAFE open days is something we encourage families to do with their sons/daughters, from as young as Year 10, to support student aspirations and knowledge of what is available post-secondary school. Open Days are coming up – you can find dates and details by googling “Victorian University Open Days.”

Every day of learning is a positive day. Well done to all of our students who have over 90% attendance for the term, this means students have missed at most one day of school so far (including the athletic sports).

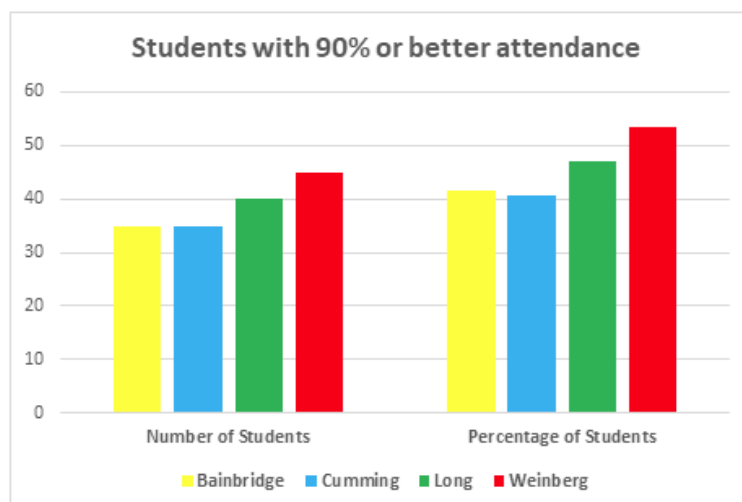
Nigel Lyttle

nigel.lyttle@education.vic.gov.au

Emma Kidd

emma.kidd@education.vic.gov.au

Percentage of students with 90% attendance and above			
	Week 2 Term 2	Week 3 Term 2	Week 5 Term 2
Year 7	67%	52%	43%
Year 8	68%	55%	45%
Year 9	63%	52%	41%
Year 10	71%	57%	47%
Year 11	68%	62%	55%
Year 12	69%	47%	44%



Year Level Co-ordinators

Year 7 -

Marian Rice

marian.rice@education.vic.gov.au



Year 9 -

Penny Steuart

penny.steuart@education.vic.gov.au



Year 11 -

Kate Mullins

kate.mullins@education.vic.gov.au



Year 8 -

Catherine Collett

catherine.collett@education.vic.gov.au



Year 10 -

Rebecca van Lierop

Rebecca.vanlierop@education.vic.gov.au



Year 12 -

Jacinta Marchetti

jacinta.marchetti@education.vic.gov.au



Wellbeing - Supporting Our Students

Over the past few weeks, we've been keeping a special eye out for our students. A number of our students have been grieving the loss of one of their friends.

When students are grieving, it is normal to feel a range of emotions, including sadness, anger, frustration, fear, etc. These emotions don't follow a set path, and the experience is very different for everyone. You can help your young people by asking how they are feeling, and really stopping to listen to their answer. You don't have to come up with any answers, but just provide the space to talk, and to be heard, and their feelings validated.

It can be a positive experience for anyone to be given this space.

As a school, we have been working with Be You (a blend of Beyond Blue and Headspace) and Stand

By After Suicide to ensure we are doing everything we can to support our students. They have been a great source of information and encouragement.

If you feel your young person needs some extra support, please email Bron (Wellbeing Coordinator) at Bronwyn.Howell@education.vic.gov.au.

Numbers you or your young person can call also include:

- Kids Help Line 1800 55 1800
- Beyond Blue 1300 22 4636
- Headspace 1800 650 890
- Lifeline Australia 13 11 14
- 1300 659 467 (Suicide Call back Line)

(Many of these services also have online chat options)

Year 7 Girls Netball Round Robin Team

Congratulations to the following students who were chosen to represent Alexandra Secondary College at Benalla on Tuesday 16th May: Lucy Bowdern, Ava Carr, Leah Cole, Megan Kendall, Cassie Kidd, Phoebe Kidd, Nikita Lyttle, Zoe Mullins, Tahlia Peine-Malone, and Hannah Weeks. My apologies to the girls who tried out for the team. These girls were unable to play due to a limit of one team per school.

The day was fine and the students excited. Nat Stewart, our team manager had them organised, warming up and raring to go. All students played with great sportsmanship and were supportive and respectful to their teammates, opposition, and the umpires. It was a pleasure to spend the day with them, as they were excellent representatives of the College and our community.

I would like to acknowledge the excellent work that Emma Kidd and Nat Stewart (Alexandra Rebels Coaches) and their support teams have done to develop these young and talented netballers. It

takes an enormous amount of time and commitment from many people to run a community sports club. Thank you to Eliza Gesler who did a great job umpiring. Thank you to Ally Crouch our Sport's Coordinator for pre planning and organisation, along with our Front Office staff, Max and Jan. Thanks also to Matt Corkhill who took my Year Nine class back at ASC.

A huge thank you to Nat for giving up her time to encourage and support our team. Her knowledge and skills were extremely helpful.

Scores for the day were:

Alexandra 17 – Seymour 8

Alexandra 8 – St Marys Seymour 1

Mansfield 12 – Alexandra

A great day was had by all - Anne Nadj (coach)

Volleyball News

On Tuesday 9th May 14 students from year 10 and below attended the Volleyball Victoria One Day Schools Cup at the State Volleyball Centre at Dandenong Stadium. We departed ASC at a dark 6.00am bound for what was a new competition for our school. We were nervous expecting a hard day of competition and hopeful we would win a game or two, at what is a state level competition. Both the Boys and Girls year 10 teams were competing at this event for the first time. The boys team was ably led by Ashley Dean and Noah Campbell, with the team comprising of Sam Harris and Stuart Thompson, year 9, Archie Gibson year 8 and Aiden Campbell and Charlie Francis year 7. All other teams comprised of students from year 10 students. The Year 10 girls team was made up of Mia Creighton, Rose Hurrey, Michaela Lyttle, Danielle Nadj, Caeley Palmer, Latysa Saerang-Robinson and Milly Weeks.

We arrived at Dandenong to a noisy, busy, full, action packed arena with 15 Volleyball courts all playing their first round matches, starting at 8.00. We had a later

start given we were some of the few country Victorian schools to enter the competition. The Girls arrived to see some very strong teams playing in the game before ours. The Braybrook SC and Eltham SC game was high quality and it made us feel very nervous for our first game against Academy of Mary Immaculate (AMI)– Fitzroy. Our game proved to be less stressful and the girls served well to easily account for AMI in two sets with scores in our favour, 25 – 5 and 25 – 6. As is customary in Volleyball all playing teams also must referee, score and umpire games throughout the



day. Both the teams then went on to umpire before the boys played their first game against Cheltenham HS. The boys team started well against much taller and experienced opponents but with strong back court saves and smashing from Noah and Ashley, we won 25 – 17, 25 – 17. In our next round we played Upwey HS and won that 27 -19 and 25-17. The boys team qualified for the finals in first place from 4 pools of teams.

Meanwhile the girls had a more difficult challenge to overcome. In round 2 against Braybrook we were beaten but gave a gallant account against what proved to be the eventual gold medal team late in the day. 6 -25 and 18 -25. Braybrook were well drilled and served with power and control, catching our girls first pass difficult to return. In the second game we managed much better but could not overcome their serving power. In the next round we played Maffra SC and the girls controlled the net with some wonderful spikes from Danielle, Rose and Caeley. Good serving from Milly and Mia, while Mikaela and Latysa worked hard to keep the ball up in back court. The girls team finished equal 4th (5th) after the preliminary rounds but got through to the finals on a less than 1% higher points won average. So surprisingly and unexpectedly both teams made it through to the finals, given this was our schools first ever venture into the Volleyball



Victoria One Day Schools Cup.

Both teams were lucky enough to win their respective semi-final after both teams found themselves behind in the early stages of their games but got through

to play in the gold medal games. The Girls once again came up against Braybrook and while we were unsuccessful in overcoming them we played much better and lost to a better prepared and drilled team. The boys after defeating Braybrook in the semi, lost to Waverly Christian College (WCC) in a close contest. WCC targeted our year 7 boys Aiden and Charlie in the team with serves and spikes but strong blocking by Noah and Ash, support cover from Sam, Archie and Stu kept us in the game.

Once again a bigger team with better team work was able to overcome our best efforts.

On the day we had wonderful support from Mr Ian Thompson and Mr Peter Campbell as coaches and scorers. The whole team would like to acknowledge their help, time and support. The school attended this event to see if participation in such an event is valuable to our school and volleyball program. Congratulations to all team members and to all those students that spend lunchtimes at the community centre practicing a great team sport.



Friday 5th May, Seven year 9 and 10 boys participated in the Hume Region Intermediate Volleyball Championships. Schools from North East Victoria compete at local division level in 4 groups. Goulburn Murray schools from the Shepparton area. Ovens and Mitta from the Wangaratta area, Upper Goulburn from the Albury area and us, Alexandra SC from the Ranges area, comprising 10 schools from Seymour to Benalla. Each Division plays off in earlier rounds to select one winner to represent the Ranges at Hume Region. Our boys have a history of success at this level over a number of year and this year was no exception. Ashley D, Brad J, Cal H, Casey C, Drew C, Sam H and Stu T made up our team.

Our driver and scorer for the day Mr. Ian Thompson was able to help in his dual role and proved very popular when stopping at McDonalds to and from

the event in Albury. Our team was made up of talented and athletic year 10's mixed with wonderful role players from year nine. While we had great success on the day coming home with the runners up pennant we felt we left without the ultimate prize a spot in the School Sport Victoria State Championship in Dandenong later this month. We played to our best ability and while we lost to Wodonga Senior Secondary College our grit and determination shone through. Wodonga has 300 plus year 10 students to select from making up our whole school population in one year level. We still were able to match them for most of the game and their size did not intimidate our endeavours. A job well done from the whole team .

Coach George Nadj



Our Students are talking about.....

Why we love Homework Club...it's not just about the chips

Homework Club is great because there are a lot of people who can help you if you are struggling with the work.

Josh McDonald



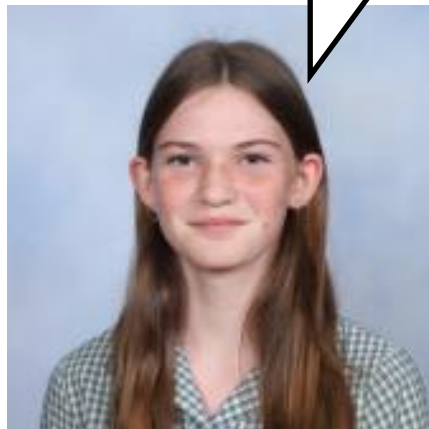
I like Homework Club as I get to do my homework with my friends.

Bradyn Stewart



I really enjoy Homework Club because of all the help I get.

Ada Creighton



Homework Club is a fun and friendly environment where students get to seek assistance with their homework while enjoying the company of their friends.

Shannon Draper



I get to sit with Shannon at Homework Club and do my homework, he helps me a lot.

Spencer Weisse



fun fact : Homework Club is on every Wednesday from 3.30 to 5.30pm. Come along and enjoy some hot chips for afternoon tea, and get some extra support with your homework.

Year 12 Swinburne University Tour

Our Year 12's went to Hawthorn on Thursday to visit the Swinburne University of Technology that combines delivery of University and TAFE courses. Students asked a great range of questions, toured the accommodation, campus and enjoyed the opportunity to gain insight to further their studies. We encourage students to continue expanding on their knowledge for future pathways and explore

different options through University and TAFE open days. This is a great way for them to expand their knowledge, spread their wings and aim for the horizon. A huge thank you to Bron Howell and Phil Stevenson for accompanying Mrs Marchetti for the day. Huge thanks also to Felicity Wilmot who organised the day prior to leaving her role in Term 1.



Year 11 Careers and Pathways Event



VET Students host biggest morning tea.



Our Vet Hospitality Students along with Lauren and Nat, hosted a fabulous Biggest Morning Tea fundraiser this morning at ASC. Students were delighted to have residence from Kellock Lodge attend, along with staff from the Alex Hub, and our own ASC staff. Well done team, you made over \$200.00 for a very important cause, and put some beautiful smiles on our guests faces!

Year 10 Logo Designs



Job Opportunity for Parent or Carers



Administration Officer
15 hours per week

Do you have excellent administration skills?

Our team is growing, we are seeking an efficient and enthusiastic person to support services, activities and programs.

If you have strong interpersonal skills and enjoy serving our local community, colleagues and working with a broad range of people, apply today!



for further information.

KELLOCK LODGE INVITES YOU TO
THE MAJOR FUNDRAISER!

DANCE THE NIGHT AWAY



Saturday 24th June 2023
7pm at Alexandra Shire Hall

Live Band: "Don't Ask"

Playing 70's, 80's & 90's

Free glass of wine upon arrival
donated by Sedona Estate

Supper Provided

BYO Beverages & Nibbles

Tickets \$80.00 pp

RSVP 13th June

Alexandra Apparel or Jan Fallon

janfallonevirtual.net.au or 0419 871 483

For Direct Deposit details contact Jan Fallon