

Subject: Year 9 Lifeskills - Semester Two 2018

Week	Topic	Learning Focus	Health Understanding
1	Course Selections	Students will understand the process of course selection and have the opportunity to gather more information on the subjects they might select. If relevant, they will be encouraged to research any prerequisite subjects for possible University courses they may consider for the future	
2	Report and ILP Review	Students will review their Semester One reports and their ILP developed earlier in the year, with regard to achievements, anything that is blocking their goals, and develop new goals where appropriate.	Investigate how the use of a range of learning strategies can be monitored, evaluated and re-directed as necessary (VCCCTM052)
3	Cyber Behaviour and the Law	Students understand the legal ramifications of various online behaviours and how to keep themselves safe online via a presentation from Jane Marks – the Police Youth Resource Officer.	Plan, rehearse and evaluate options (including CPR and first aid) for managing situations where their own or others' health, safety and wellbeing may be at risk(VCHPEP144)
4 - 6	Respectful Relationships	Students will investigate a range of characteristics that people can lead to people being discriminated against, and increase their understanding and acceptance. The aim is to reduce negative behaviours that impact in a negative way on engagement, acceptance and mental health.	Investigate how empathy and ethical decision-making contribute to respectful relationships (VCHPEP146)
7 - 8	"Shark Cage" program	Students will learn about how to build a strong "shark cage" against being a victim of domestic violence, and how to recognise if a partner is starting to treat them disrespectfully.	Investigate how empathy and ethical decision-making contribute to respectful relationships (VCHPEP146)

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9 - 10	Safe Parties	Students will discuss how to plan and run safe parties, including teenage parties and the law, first aid for parties and making safe choices.	Plan, rehearse and evaluate options (including CPR and first aid) for managing situations where their own or others' health, safety and wellbeing may be at risk(VCHPEP144)
11 - 12	Drug and Alcohol Awareness	Students will gain an understanding of how a variety of drugs, including alcohol, affect the body.	Plan, rehearse and evaluate options (including CPR and first aid) for managing situations where their own or others' health, safety and wellbeing may be at risk(VCHPEP144)
13 -14	"Core of Life"	Student will work with the School Nurse and a midwife to understand the myriad of issues involved in pregnancy and parenting	Examine the impact of changes and transitions on relationships (VCHPEP143)
15	Pornography – Myths and Realities	Students will understand the reasons why people watch Pornography, the reality of how it's made, and the negative impact it can have on people's expectations of relationships.	Investigate how empathy and ethical decision-making contribute to respectful relationships (VCHPEP146)
16 - 17	"Creating Conversations"	Students will participate in a program to increase their ability to make safe choices regarding drugs and alcohol.	Evaluate situations and propose appropriate emotional responses and then reflect on possible outcomes of different responses to health and wellbeing (VCHPEP147)
18 - 19	Revision of content covered through the year.	Students will revise content from throughout the semester, and then participate in a fun group competition to revise the content covered of the year.	Evaluate situations and propose appropriate emotional responses and then reflect on possible outcomes of different responses to health and wellbeing (VCHPEP147)

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