

Subject: Year 10 Physical Education - Semester: 2 2017 Course Outline

Weeks	Topic	Learning Focus	Strands and Substrands
1 - 5	Basketball	<ul style="list-style-type: none"> Learn the importance of team play Understand rules and requirements of the game Apply tactical knowledge and game sense in competitive situations Become competent in officiating 	<ul style="list-style-type: none"> 1A. Perform and refine specialised movement skills in challenging movement situations 2A. Design, implement and evaluate personalised plans for improving or maintaining their own and others' physical activity and fitness levels
5 - 10	Footy Codes	<ul style="list-style-type: none"> Learn the importance of team play Understand rules and requirements of the game Apply tactical knowledge and game sense in competitive situations Become competent in officiating 	<ul style="list-style-type: none"> 2B. Demonstrate and explain how the elements of effort, space, time, objects and people can enhance performance 3C. Modify rules and scoring systems to allow for fair play, safety and inclusive participation
11- 12	Badminton	<ul style="list-style-type: none"> Further develop hand-eye coordination Understand rules and requirements of each particular game Apply tactical knowledge and game sense in competitive situations Explore the relationships between lever length and force production 	<ul style="list-style-type: none"> 2C. Participate in and investigate the cultural and historical significance of a range of physical activities 3B. Evaluate and justify reasons for decisions and choices of action when solving movement challenges
13-15	Bat Tennis / Tennis	<ul style="list-style-type: none"> Further develop hand-eye coordination Understand rules and requirements of each particular game Apply tactical knowledge and game sense in competitive situations Explore the relationships between lever length and force production 	<ul style="list-style-type: none"> 1A. Use feedback to improve body control and coordination when performing specialised movement skills 1C. Develop, Implement and evaluate movement concepts and strategies for successful outcomes
16-18	Volleyball	<ul style="list-style-type: none"> Learn the importance of team play Understand rules and requirements of the game Apply tactical knowledge and game sense in competitive situations Become competent in officiating 	<ul style="list-style-type: none"> 2A. Participate in physical activities that develop health-related and skill-related fitness components, and create and monitor personal fitness plans 3A. Devise, implement and refine strategies demonstrating leadership and collaboration skills when working in groups or teams
19- 20	Minor Games / Fitness	<ul style="list-style-type: none"> A reward for a good semester's work Celebratory event/tournament Shepparton Celebration/Excursion 	<ul style="list-style-type: none"> 1B. Evaluate movement sequences for specific purposes in a variety of contexts and provide feedback to enhance performance situations 3C. Reflect on how air play and ethical behaviour can influence the outcomes of movement activities