Unit: 1		
Week	Area of Study	Learning Focus
1	AOS 1: Health	Concepts of health and wellbeing
2	perspectives and	Analyse various meanings of health and wellbeing
	influences	 Describe different dimensions of health and wellbeing Collect and analyse data relating to variations in youth attitudes and
		 Collect and analyse data relating to variations in youth attitudes and priorities regarding health and wellbeing
		 Describe a range of influences on the perspectives and priorities of health
		and wellbeing
3		Measurements and indicators of health status of Australia's youth
4		• Analyse the extent to which health status data reflects concepts of
		health and wellbeing
		Describe a range of influences on the perspectives and priorities of health
		and wellbeing
5		Sociocultural factors affecting health status and behaviours of youth
		Explain a range of sociocultural factors that contribute to variations in
		the health status and health behaviours of Australia's youth.
6	SAC Unit 1 AOS 1	
_	Outcome 1	
7	AOS 2: Health and	Nutrition and youth health and wellbeing
8	nutrition	• Evaluate the validity of food and nutrition information from a variety
9	_	of sources
10	_	
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12	SAC Unit 1 AOS 2 Outcome 2	
13	AOS 3: Youth health and	Promoting youth health and wellbeing
13	wellbeing	Government and non-government programs relating to youth health
15		and wellbeing
13		 Analyse the influence of community values and expectations on
		programs for youth
16		Exploring mental disorders as a youth health and wellbeing issue
10		Research and collect data on a particular health and wellbeing focus
		relating to you, with critical analysis of its impact, management and
		costs.
17	SAC Unit 1 AOS 3	Outcome 3 SAC
	Outcome 3	
18	Unit 1 Revision	
19	Year 11 Exams Unit 1	
20	Unit 2 Managing health	
<u></u>	and development	
	: VCE Health and Human D	evelopment
Unit: 2		
Week	Area of Study	Learning Focus
1	Unit 2 AOS1:	The human life span
2	Development transitions	Collect and analyse information to draw conclusions on perceptions
3		of youth and adulthood
		describe the developmental changes that characterise the transition
_	4	from youth to_adulthood
4	4	Healthy and respectful relationships
5	4	Define and explain characteristics of development, including physical,
6		social, emotional and intellectual

7		Depending and property and early childhood development
-		Parenting and prenatal and early childhood development
8		• Explain considerations in becoming a parent such as responsibilities,
9		and the availability of social and emotional support and resources
		 Describe the role of parents, carers and/or the family environment in
		determining the optimal development of children
10	SAC Unit 2 AOS 1	
	Outcome 1	
11	Unit 2: AOS 2: Health care	Australia's health system
12	in Australia	• Explain key aspects of Australia's health system such as: Medicare,
		the Pharmaceutical Benefits Scheme and private health insurance
		 Describe key aspects of the health care system
13		Health information, technology and complaints
14		 Describe the range of services available in the local community to support physical, social, emotional, mental and spiritual dimensions of health and wellbeing
		 Research health services in the local community and explain which dimension/s of health each one support
		 Analyse issues such as ethics, equity of access, privacy, invasiveness and freedom of choice associated with the use of new and emerging health procedures and technologies
15	SAC Unit 2 AOS 2	
	Outcome 2	
16	Unit 2 Revision	
17	Year 11 Exams Unit 2	
18	Year 12 Headstart	
19	Year 12 Headstart	