

INSIDE OUT

WEEK 4

2

Alexandra Secondary College

Date: 14th of May 2021



Congratulations to our Year 11 Debutantes



Back: Trakka Naiteitei, Thomas Dale, Toby Prothero, Will Southam, Will Dunsford, Tom Miljkovic, Tom Nichols, Beau Scott, Alex Brodribb.
Row 4: Coby Scott, Joss Lopez, Levi Murphy, Zach Snow, Mason Dent, Jesse King, Cam Giovanetti, Ethan Russell, Brayden Gemenis-Dancer.
Row 3: Olivia Whitehead, Lariza Saerang-Robinson, Jade Atwell, Jed Goodman, James Whybrow, Daniel Renfrey, Graedy Keating, Toby Gristwood, Amanda Cox, Annika Hunter, Bindi Andreou.
Row 2: Tahnee Heard, Tarni Cobb, Lily Wilson, Larissa Patek, Ellie Blake, Lola Mansson, Alyssa Miller, Jess Waixel, Venus Pham, Janelle Van Ginkel.
Front: Georgia Millard, Emily Warren-Smith, Jana Andreou, Mia Gelbert, Ellie Collett, Caitlin Turner, Daisy Birtchnell.

Dates to Remember:

Friday 21st May

Year 7-12 Social

Wednesday 26th of May

Curriculum Day

Friday 11th of June

Curriculum Day

Friday 25th of June

Last day of Term 2 2.30 finish

Contact Details

Phone : 0357702000

Absence Text:

0437 684 508

www.alexandrasc@education.vic.gov.au

Year Level Co-ordinators

Year 7

Penny Steuart

penny.steuart@education.vic.gov.au

Year 8

Richard Bartle

richard.bartle@education.vic.gov.au

Year 9

Phil Kim

kim.kyong-tae.k@edumail.vic.gov.au

Year 10

Jacinta Veldman

Jacinta.veldman@education.vic.gov.au

Year 11

Catherine Collett

Catherine.collett@education.vic.gov.au

Year 12

Rebecca van Lierop

Rebecca.vanlierop@education.vic.gov.au

Principals' Report

Last Saturday night, the most glamorous place to be in the state was the Marysville Community Centre for our Debutante Ball. Our debutantes looked spectacular in a spectacular venue. Their formal dancing was high quality and demonstrated a wonderful commitment to each other as a group. Thanks to the organising committee of Simone Russell, Sally Patek, Michelle Crowley and Lucy Whitehead for a special night. A huge thanks to our wonderful dance instructors, Whitney Connaughton & Lucy Whitehead, for not one but two excellent debutante balls this year.

Our annual College Athletics last Friday highlighted not only strong individual performances for ribbons but also those students who competed to earn points as part of a team for their House. As always, it was nice that a number of parents were able to join us. Thanks to Mr Davies and Mr Francis for a well organised event. Well done to Long, who won the day and now lead overall in the House Competition.

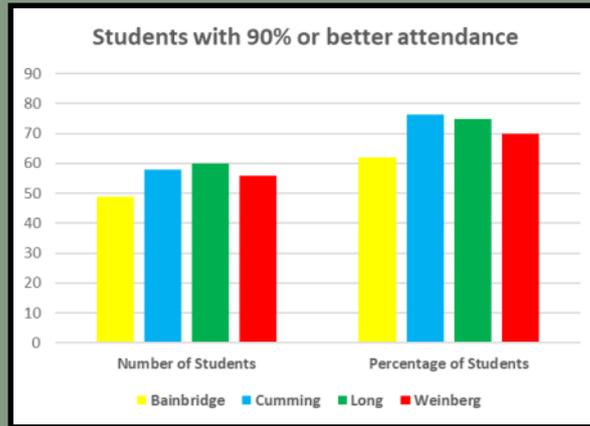
The House Cross Country is next Thursday, during period 3 and 4 at the Alexandra Speedway. Families are very welcome to come and spectate. Please ensure you sign in at the event for contact tracing purposes.

Year 7s and 9s deserve their weekend after three days of NAPLAN testing. We were very pleased with our students approach to these formal tests. Everything ran smoothly thanks to the organisation of Mrs Collett and Mrs Rennie.

Every day of learning is a positive day. Well done to all of our students who have over 90% attendance for the term, this means students have missed at most two days of school so far (including the athletic sports).

Percentage of students with 90% attendance and above

	Week 1	Week 2	Week 3	Week 4
Year 7	92%	92%	88%	88%
Year 8	87%	75%	67%	60%
Year 9	83%	77%	77%	81%
Year 10	80%	78%	65%	65%
Year 11	82%	77%	72%	65%
Year 12	71%	74%	66%	71%



Nigel Lyttle
Nigel.Lyttle@education.vic.gov.au

Sue Malcolm
Susan.Malcolm@education.vic.gov.au

NAPLAN NEWS

Congratulations and thank you to all our Year 7 and 9 students for the way they conducted themselves over the last 3 days with the NAPLAN tests. Each morning they completed tests which included Language and Conventions, Reading, Writing and Numeracy. I was very impressed with the wonderful work ethic, the respect they gave their peers and supervisors, and their positive attitude to do their best, along with a sense of humour!

Well Done!

Catherine Collett

Curriculum Coordinator



ART WITH MISS FITZROY



ABOVE: Daisy has created some amazing portraits of Trakka and of Jana, they are simply stunning. Well done Miss Daisy, we are all super proud of your talent.

ABOVE - Check out Jamie's gorgeous art piece for her portfolio. Well done superstar!

AND IN WOODWORK...



Kloe, Millie, Daisy and Ruby showing off their woodworking prowess.

Great Job girls!!



Shaun has been very busy in woodwork, check out that Deer Head.

Alexandra Secondary College School Hall

\$5 on entry or
kind donation!

20th of May:
5:30PM

**THE DAY
THE INTERNET
DIED**

**45 minute performance followed by
Q&A**

Y12 Theatre Studies are putting on a show!

'The Day the Internet Died'. How might you cope? Come along to witness the havoc an internet outage has caused on the residents of fictional town, Bloomington.

The performance will be on in the school hall on **Thursday 20th May** (please note the date change from last week's edition of Inside Out). The show will begin at 5.45pm but audience members are encouraged to arrive closer to **5.30pm** to help set the pre-show environment. Entry is only \$5 at the door, or a donation of what you're happy to pay. Running time is approximately 45 minutes, followed by a short Q+A session with the cast/directors and a shared pizza dinner to wrap it all up!

We'd thoroughly appreciate the gift of your presence on the night!

OUR YEAR 12 STUDENTS ARE TALKING ABOUT

The Social

JAMIE BAIRD

There is good music and fun games to join in on and it really brings people of all different ages throughout the whole student body together to have fun, I would encourage everyone to create a fun costume and come along!



BEN JACK

The most fun I've had at a school event ever, I cant wait for this years Social.



JACOB BOURKE

The social is pretty lit, Jackson Harris one time, sang Jack Johnson in year 8 there, and became a school legend... maybe you will become the next school legend!?



So, don't miss out, grab your ticket, think of a costume, and have an awesome night!!

Times, themes etc, all the info you will need is included further down in the newsletter.

See you there!!!!

MAC JOHNSON

The social is an amazing experience to create long lasting memories and encourages new friendships. Its definitely a great night and would highly recommend attending



RYAN HUGHES

The social is a good opportunity not to have to worry about school and hang out with your mates for a while. It will be a great night.



ATHLETICS 2021

Congratulations to Long House for taking the win this year in the House Athletics. As always, participation is key. This year, the records remained safe with none being broken, after some pretty huge performances in recent years. Participation in extracurricular events such as the House Athletics provides a greater connection to community and builds a sense of belonging. Well done to all students who let themselves have fun by getting involved.

Thank you to all parents and friends who came down to support their children, and to all who helped make the day run smoothly. Southern Ranges Athletics will be held in Week Nine in Term Three (7.9.21).

House Results

Winners	Long	1103 Points
2 nd	Bainbridge	936 Points
3 rd	Weinburg	804 Points
4 th	Cumming	666 Points

Age Champions

	Girls	Boys
13	1 st Darcy Kidd 2 nd Xanthe Campbell 3 rd Katie Puls	Cameron Sloan Matt Waixel Harry Morley
14	1 st Danielle Nadj 2 nd Daisy Sheehan 3 rd Milly Weeks	Casey Collett Lachie Barrott Drew Coller
15	1 st Ruby Russell 2 nd Emma Whitehead 3 rd Ava Lowry	James Nicholson Olly Hoornweg Oscar Capes
16	1 st Daisy Birtchnell 2 nd Annie Howell 3 rd Mia Gelbert	Harry Correa and Brad Irvine Adam Wallace
17	1 st Kayla Nadj 2 nd Kelly Young 3 rd Kasey Thomas	Coby Scott Toby Prothero Jesse King
20	1 st Riley Thomas 2 nd Hailey Collett 3 rd Eden Hayes	Bowen McCarthy Angus Stevenson James Geldart and Jacob Bourke



ATHLETICS 2021









TEACHERS ARE STUDENTS TOO...

In the Quad.....

Home & Away Catch-Up with Trakka.

There is Mac who just lost her baby (miscarriage) and after that she has been struggling with depression and so drank a lot.

Willow left the bay because her girlfriend lives in Queensland. Nico (Maori family) is dating Bella and Bella asked Nico to become a model, chaos ensues.



Books and Movies

What is everyone reading at the moment?

Twilight, Maze Runner, Convergence, All the Light We Cannot See, Pokemon Manga, Frankenstein (a popular favourite with both students and a secret staff member. More on this next week), Falling from Grace, Psychology Textbook.

What is everyone's favourite movie?

Can you guess what these are?
Answers next week.



Ruby Russel and her hat.



Ryan and Mitch re-enacting a famous movie scene....



Brad's enthusiasm meets Jordan's embarrassment....

In the Staffroom.....

A Wedding!

But who could it be?



What is your favourite food?

Sue Malcolm

Cheese and Biscuits with a refreshing accompaniment.

Ally Crouch

Mexican - Enchiladas.

A shout out to Ally Crouch who has kept alive her two indoor plants (2 weeks). Congratulations.

Melinda Evans

Corned Beef with cheese and parsley sauce.

Recipe

Ingredients

- 1.5 kilogram whole piece beef corned silverside
- 2 bay leaves
- 6 black peppercorns
- 1 large brown onion (200g), quartered
- 1 large carrot (180g), chopped coarsely
- 1 tablespoon brown malt vinegar
- 1/4 cup (50g) firmly packed brown sugar

Parsley sauce

- 30 gram butter
- 1/4 cup (35g) plain flour
- 2 1/2 cup (625ml) milk
- 1/3 cup (40g) grated cheddar cheese
- 1/3 cup finely chopped fresh flat-leaf parsley
- 1 tablespoon mild mustard

Method

Place beef, bay leaves, peppercorns, onion, carrot, vinegar and half of the sugar in large saucepan.

Add enough water to just cover beef; simmer, covered, about 2 hours or until beef is tender.

Cool beef for one hour in liquid in pan.

Remove beef from pan; discard liquid.

Sprinkle sheet of foil with remaining sugar, wrap beef in foil; stand 20 minutes before serving.

To make parsley sauce, melt butter in small saucepan, add flour; cook, stirring, until bubbling.

Gradually stir in milk; cook, stirring, until sauce boils and thickens.

Remove from heat; stir in cheese, parsley and mustard.

Serve sliced corned beef with parsley sauce and enjoy!



THE OUTSIDE IN...NEWS FROM OUR STUDENTS

A word from Eden...

As Max mentioned in the inside out two weeks ago my name is Eden Hayes, and I am the female school captain for 2021. I have so many goals I'd like to achieve and a large number of things I'd like to implement into the school, and this is one of them. I have a strong interest in the world of journalism and hope to study media and communication at university in the near future. As a year 12 student writing this student run segment and formulating ideas by myself is not ideal and I am still on the lookout for more students to get involved. Like any good project it has to start somewhere, and this is the beginning to what I hope to be a successful column that will run for many years after I graduate. In saying this I'd like all parents, staff and students reading this to raise the idea to your kids, students and friends to join me in projecting my voice. You DO NOT need to be a good writer or great at English. Any hobby or interest will be welcomed with open arms. Nothing has to be permanent, if you have an idea that you'd like to implement once or twice, you are not obligated to contribute again. It's your time to project your voice!



Bens Sports Report from the weekend.

Year 12 student Ben Jack is well known in the community mostly for his skills in sport. He enjoys sports such as Football, Basketball and Golf. Because of his passion and strong connection to sport in the community he will provide us with the sports updates in the community.

Football scores:



Alexandra under 13's:

6.13-49 defeated St Marys 5.4-34

Goals: D.Woehl, H.Sutcliffe 3, G.Sotiropoulos, S. Galloway

Alexandra under 15's: 26.16-172 defeated Yea 9.7-61

Goals: R.Frankcombe 7, M.Coutts 4, L.Wal 3, C.Kidd 3, C.Howell 2, C.Hibberd 2, C.Collett 2, A. Cowell, S.Sutcliffe

Alexandra under 17's: 7.3-45 defeated by Kinglake 16.14-110

Goals: R.Harding 2, H.Correa, J.King, L.Wal, B.McCarthy, B.Irvine

Alexandra Reserves: 2.2-14 defeated by Kinglake 18.13-121

Goals: J.Rice, W.Cody

Alexandra Seniors: 9.7-61 defeated by Kinglake 14.9-93

Goals: B.Norris 4, E.Watkin 2, J.Box, H.Kelly, J.Daniel

Netball scores:

Alexandra Under 13's: 10 defeated by St Marys 36

Alexandra Under 15's: 32 defeated St Marys 31

Alexandra D Grade: 21 defeated Thornton 11

Alexandra C Grade: 42 defeated Kinglake 8

Alexandra B Grade: 33 defeated Kinglake 31

Alexandra A Grade: 53 defeated Kinglake 29



Emelia Weeks

Emelia is a budding athlete who I am privileged to be in Long House with. She has bought home many points to the house of Long with her physical abilities in both swimming and athletics. Just two days after her very successful experience at athletics Milly broke her finger in a game of netball.

Millies' Story: Last Sunday (9th) I was playing netball for the Alexandra Rebels, against St Mary's, as WA. I reached out to catch the ball, when my finger slipped sideways and I dropped the ball. At the end of the quarter, I went out to the bench and showed our team's first aid trainer, after a quick examination, I was off to the hospital. Of course it was a Sunday, so no doctor was on standby, we waited two hours for an x-ray and a tele health appointment. The x-rays results showed a crack in my little finger. The nurse there put a backslab on it, and I will have a splint made for it soon.

Breaking my finger has changed a lot, even day to day things are a bit of a challenge. It has almost been a week, so my finger is less painful, and it's easier to do things. Still I can't do much, usually I play netball, the piano and spend lunchtimes walking on my hands with my friends!! It's hard to see everyone doing so much that I can't, but I have to remind myself that soon it will have healed, and it definitely could have been worse.

By Emelia (Milly) Weeks



Captain's report

Some insight and advice from male school captain Oscar Draper: Oscar strongly believes that involvement in extracurricular activities is important. Things such as round robin sports, electro heads, school productions, school for student leadership, athletics day and many more. He believes that they are "great for building friendships as well as team building and developing real-world skills". He feels that "it's a great opportunity to experience new things and improve yourself in a friendly environment." There are many opportunities that occur during the year, take advantage of them. If you have missed your chance this year, this is your sign to start planning what you will do next year.

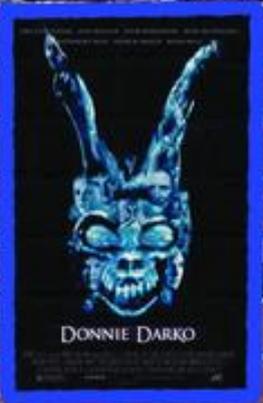
It is never too late to implement your own extracurricular ideas, we urge you to share them.

Theatre play

As a student studying 3&4 theatre studies it excites me to share that we will be performing a class production on Thursday the 20th of May. Anyone and everyone is invited to come along and watch this comedy. The play is called 'The Day the Internet Died', it is based on a community called Bloomington and is a representation on how the generation of today would be affected if the internet was no longer working. It will be performed in the school hall at 5:30PM. \$5 on entry or a kind donation.

Follow us on Instagram for regular updates!





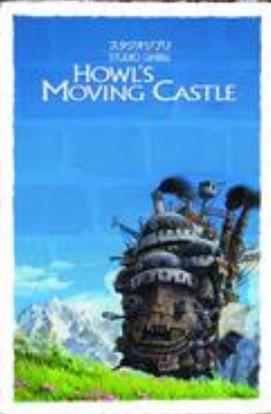
"Food and Drinks from Parents and Friends available for purchase on the night."



**ALEXANDRA
SECONDARY
COLLEGE**
LABORE ET HONORE

SCHOOL SOCIAL

**School hall AT 7 - 10pm
Friday May 21st 2021
Movie / tv show
theme**



**MUSIC - DANCING
LIMBO - CUP BALL
DANCE OFF - GAMES TABLE
BEST DRESSED PRIZES .**



The School Social 2021

Dear Parents and Guardians,

The annual **School Social** is to be held on **Friday 21st May, from 7.00pm until 10.00pm in the school hall.**

All students of the college are invited to attend, with this year's theme being **'TV and MOVIES'**.

The School Social is a fantastic night that is organised by the Year 12 Committee. We encourage all students to come and dress up according to the theme, as there will be prizes for the best dressed.

As with any event there are rules which need to be followed to make it enjoyable for all.

The cut off time for allowing students to enter is 7.30pm. Students arriving after this time will not be allowed into the hall.

All bags are to be left in at the cloakroom and **may not be removed** from the cloakroom counter **until students are being collected**

There are no pass outs and students may **not** leave the hall without their parent/guardian being present.

Unfortunately, buses are **not** available.

All school rules must be abided by to ensure this event runs smoothly and is enjoyable for everyone.

The College Council supports the Year 12 Committee with this initiative. College Council Members, some parents and staff will supervise on the night.

Tickets cost \$10.00 in advance or \$12 at the door. If your son/daughter wishes to attend this very enjoyable event, please complete this form and have them present it when purchasing their tickets during the week leading up to the social and tickets will be available until 7.30pm at the door, on the night. All proceeds from the Social will go towards supporting the Year 12 Graduation.

We hope all students have a very enjoyable evening and thank the many students, parents and teachers who give up their time to ensure that socials are successful.

The Alexandra Secondary College Year 12 Committee



Permission Slip

Iof year wish to attend the School Social.

I am aware that this event is alcohol and drug free and I promise to abide by the school rules during this event.

Student's signature.....

I the parent/guardian of have read this form and give my child permission to attend this event.

Parent/Guardian-Signature.....

After hours contact phone number

PATHWAYS AND CAREER OPPORTUNITIES

Currently available apprenticeships and traineeships:

Cert 3 in Parks & Gardens/Landscape Construction – Alexandra (CC140421)

Cert 3 in Business Traineeship – Shepparton/Zeerust (CC050521)

Cert 3 in Parks & Gardens/Landscape Construction – Alexandra (CC140421)

Cert 3 in Engineering Mechanical – Shepparton (CC220421)

Cert 3 in Light Vehicle Mechanical – Shepparton (CC220421)

Work Experience/ Structured Work Learning Placements available:

- Rubicon Hotel – Learn food preparation skills and how to cook in a commercial setting.
- Fastrack Property Maintenance – Learn carpentry, renovations, fencing, landscaping and lots more!
- A&C Wood Plumbing – Learn an essential aspect of the building industry, the plumbing trade

Part time/ Casual work available:

- Fastrack Property Maintenance – Learn carpentry, renovations, fencing, landscaping and lots more! – for more information call James on 0423 938 205
- Alexandra Football and Netball club trainers – excellent work experience for those interested in perusing a career in sports science or sports medicine. – for more information please call Peter McKenzie 0429400709 or email: PeteSas89@gmail.com

Murrindindi Youth Leadership Program 2021

For young people 12 – 24 years old

- ❖ Traditional concepts of leadership will be deconstructed throughout this program and facilitated activities will explore self-leadership, values, personal growth and collaboration.
- ❖ Participants will be challenged through a variety of activities that will support personal development, build upon team strength and identify opportunities for growth.

Personal development		Community project development
Meetings (every 3 weeks) Communication Session 1- Teamwork	Session 1 F2F	Video training session (#1)
Session 2 - Active Listening	Session 2 Online	
Session 3 - Speaking and presenting	Session 3 F2F	
Leadership Session 4 - Styles and values	Session 4 Online	Video training session (#2)
Session 5 – Personal asset mapping	Session 5 Online	Check project milestones
Session 6 – Personal development session (GOALS)	Session 6 F2F	Video training session (#3)
Session 7 – Personal Development challenge day (Mandala Day)	Session 7 F2F	Check project milestones including evaluation requirements
Session 8 – Community Project session	Session 8	Video training session (#4)
Session 9 – Celebration and final video presentation	Acknowledgement	Check project milestones including evaluation requirements

Two day residential camp – Proposed for September 2021

Notes:

F2F= Face to Face. Meeting location will be at the Yea Community House

Online sessions will be held via Zoom. Sessions generally run after school hours on a Wednesday, but may vary according to the needs of the group.

The Leadership Program is an initiative of Murrindindi Shire Council's Youth Services program for up to 10 young people age 12-25 within Murrindindi Shire.

The program is free of charge for attendees.