

# INSIDE OUT

## Alexandra Secondary College

WEEK 7

3

Date: 25th of August 2020



### A word from our Captains.

#### Annabelle Love

What an unpredictable year! There have been moments in Lockdown 2.0 where I have been unmotivated and felt myself slipping out of routine. But, turning a negative into a positive, I have learnt a lot about myself, such as what makes me happy. In these times, I **STRONGLY** encourage you all to stay connected with the world around you. Check up on friends and have a Zoom games night. Go outside for a walk, even if it is only up the road and back. Get up and dance in your living room (this one works, trust me) or if you are feeling adventurous, find some snow and build a snowman.

Perhaps most importantly, if you are having a bit of a hard time at the moment, reach out. Reach out to family, friends and teachers. You may be surprised how a simple conversation can wash away any stress you may have.

\*\* To spice up home life, we have been working behind the scenes on another inter-house activity for lockdown 2.0, which we are excited to launch very soon...

#### Jackson Harris and Maddy Richards

Jackson and Maddy would like to encourage you all to make the most of the last three and a half weeks of remote learning before school holidays. To help make the time pass, Maddy is walking the dog every afternoon and Jackson is practicing his photography when he is out on his run. Maddy has also started a weekly planner and recommends that you try and stick to a routine as much as possible, for example, getting up at your normal time. Jackson also recommends changing up your scenery when you head out for your exercise, maybe learn an instrument.

Finally both Maddy and Jackson recommend picking up a new hobby, Maddy is really enjoying her new craft of knitting, and Jackson is quite envious as he too wants to learn how to knit.

#### Zac Miller

Zac has some sage advice to us all, "Don't forget to take a deep breath, walk around a little and keep talking to your friends"



### Dates to Remember:

#### 2nd September

Whole school staff professional practice day— No online classes will be held, however students will have work left on teams to continue on with.

#### 3rd December

Year 12 Graduation

### Term Dates-

Term 3: 13th July—18th Sept

Term 4:- 5th Oct—18th Dec

### Contact Details:

alexandra.sc@education.vic.gov.au

PH: 0357 702000

Absence Text :  
0437 684 505

Thank you to all of our parents who continue to contact us regarding their children's absences during remote learning, it is greatly appreciated.

### Staff contact details for Year Level Coordinators:

|              |                    |  |
|--------------|--------------------|--|
| Year 7       | Marian Rice        | Marian.Rice@education.vic.gov.au       |
| Year 8       | Phil Kim           | Kyong-Tae.Kim@education.vic.gov.au     |
| Year 9       | Penny Steuart      | Penny.Steuart@education.vic.gov.au     |
| Year 10 & 11 | Catherine Collett  | Catherine.Collett@education.vic.gov.au |
| Year 12      | Rebecca van Lierop | Rebecca.vanLierop@education.vic.gov.au |



## OUR STUDENTS THOUGHTS ON .....

What is bringing them Joy at the moment.

### TYLER RICHARDS

Throughout the remote learning period, I have enjoyed various activities, I have been able to spend more time with my dogs throughout each day during the 20 minute breaks between each period and help clean the house during the lunch breaks. I feel less stressed about my work during the remote learning 2.0 as I now know how to manage it all and know how to use Teams properly now. Being stuck at home and not able to go out with some friends is not the best, but I do feel better that I am around my family more and able to spend time with them

### BLAKE GOLLAND

The thing that is giving me joy at the moment is watching the NBA



### DREW COLLER

Riding with Luke and my friends, it keeps my spirits up and my dog!



### DAISY SHEEHAN

Spending a lot of time with my family and playing with my dogs gives me joy!



## The Students and The Succulents

In Visual Communication and Design, many weird and wonderful conversations unravel whilst we are engrossed in the creative pursuits of each lesson. Pre remote learning mark 1.0, the conversation in class one day moved to indoor plants. Bizarre, I told you! We had the thought of designing and creating our own clay pots and growing some plants in them. So we did. At the end of one lesson and into lunchtime, we created our first pots. Then remote learning 1.0 washed over us, eroding with it our creative indoor plant endeavours!

As a small and sociable class we navigated our way through online lessons. Sadly, our class meetings lacked the same zest and obscurity of our regular classroom conversations, but we soldiered on, together. Missing the seven creative individuals to nurture in class, the idea came to mind to keep the plant idea alive! So in seven terracotta pots (sadly not hand-made), seven succulents were planted to represent each individual student. Each plant grew happily on a porch in Myrtle Street. Meanwhile, behind seven computer screens, the students they represented also grew and subsisted through the challenge.

Needless to say, we were most excited to be reunited in the classroom after remote learning mark 1.0. In our first class back, each student was presented with their succulent.



The class were briefed on what these seven seemingly simple succulents represented. They represented their growth and development as individuals in facing the challenges of remote learning. They represented resilience and flexibility to flourish in different environments. They reminded us that sometimes it is the simplest of things that can sustain us. A little bit of sunshine and some water does us all wonders. They also reminded us that Mother Nature is hands down the best designer out of all of us!

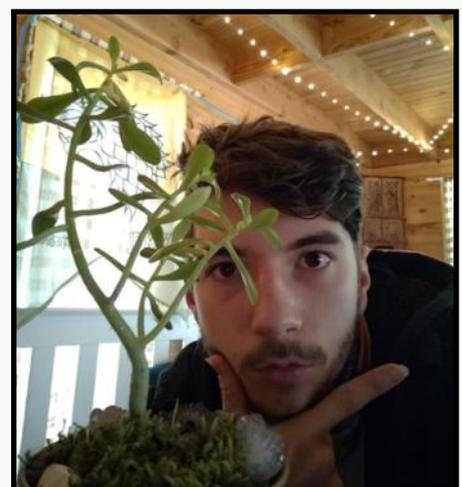
At the beginning of each lesson thereafter, the first port of call when walking into the classroom was to retrieve your plant from under the window. Carefully placed at each work space, every lesson, the plants were lovingly tended to. They were watered, some were tied to stakes (usually discarded pens) for support and to promote growth, some even attempted propagation! The plants provided a lovely start to each lesson. A physical and symbolic bond had been created.

Little did we know remote learning mark 2.0 was looming in the wings. When it was announced we would be moving back to remote learning, we felt frustration and dismay. Possibly the one positive this time around is that we knew how it would all work, and what to expect. So sadly, we packed up all we needed from our classroom to get us through the next round of remote learning. This time though, we also had our plants to pack and take with us to our remote learning environments.

So in remote learning mark 2.0, these seven seemingly simple succulents still serve as important reminders of what we learnt about ourselves from remote learning mark 1.0. And it is pleasing to report that all the succulents, and those they represent, are continuing to grow and flourish.

But wait, there is new and valuable learning to take away from this somewhat simple story of these students and their succulents. When we care, when we nurture, when we are kind and giving to another, be it plant or human, we see positive outcomes grow. This in turn fills our own selves with a great deal of pride, happiness and joy!

From Miss Penhale and her sensational students and their super special succulents!

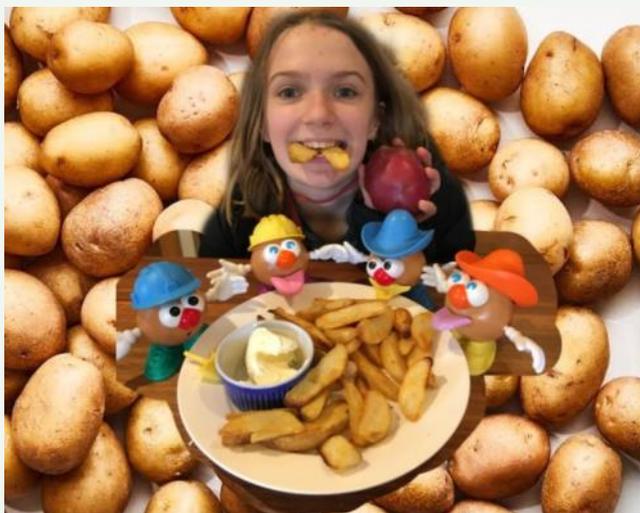


## Fun Friday with the year 7's

Its all about the potatoes!

Last week our year 7's had a terrific time making potato dishes for their spud Friday theme. Maya provided some clever images of "Wedges and Potato Heads", Luke served up some delicious wedges and Mikaela brought some tasty crunchy wedges to the table. Shaun got creative with some cheesy mashed potatoes, and not to be out done, Ms Rice had a tasty baked potato with cheese, sour cream and a dash of spag bol.

The next fun Friday will be held on September the fourth, the theme being "Microwave Mug Meals". We have our traditional options of two minute noodles and of course your classic cuppa soup, however why not mix it up a bit and go for a mug brownie.....how about Mug Mac 'n cheese... we can't wait to see what our clever year 7's create.



This week our Spotlight is on .....

## *Jack Mithen*



**WHAT SUBJECTS DO YOU TEACH?**

Music (It's all I know about)

**WHAT DO YOU EAT FOR BREAKFAST?**

Any cereal unless it's an egg day (non working day)

**ARE YOU A CAT OR A DOG PERSON?**

Definitely Dog. Cats are too smart for me.

**WHAT PETS DO YOU HAVE AND WHAT ARE THEIR NAMES?**

Just a dog called June.

**FAVOURITE FOOD?**

Chilli or anything with Chilli.

**FAVOURITE DAY ....AND WHY?**

Friday... because the options are endless on a Friday!

**WOULD YOU RATHER GO 30 DAYS WITHOUT YOUR PHONE OR YOUR ENTIRE LIFE WITHOUT DESSERT?**

The phone- let's make it the rest of the year.

**WOULD YOU RATHER BE THE BEST PLAYER ON THE WORST TEAM OR THE WORST PLAYER ON THE BEST TEAM?**

Being the worst player on the best team gives you a high benchmark to improve!

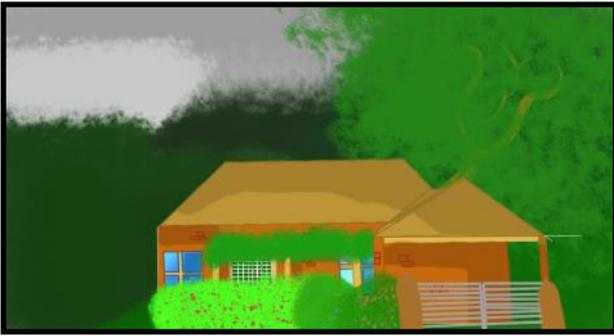
**WHAT IS SOMETHING I WOULD NEVER GUESS ABOUT YOU?**

A bear once ate my lunch. Really.

**WHO INSPIRES YOU?**

A good view from somewhere up high.

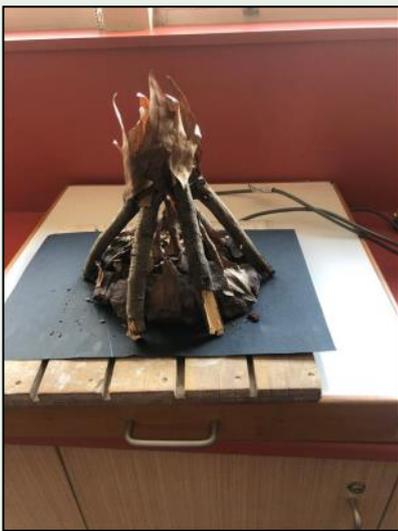
# THE ART GALLERY



Clare Murphy



Mia Gelbert



Liam Sproles and Mason Dent



And from VCAL—Shannon Stevensons awesome effort building a garden at home.



The VCAL garden project for Mookie and her Home Eco students is really taking off with all of this rain. Thanks to the VCAL students, when everyone comes back we should have a bumper crop!

# PATHWAYS AND CAREER OPPORTUNITIES

## **Apprenticeship and Trainee Opportunities:**

For details of the currently available apprenticeships and traineeships offered supported by MEGT please visit: <https://www.megt.com.au/job-board>. There are currently over 340 jobs listed!

## **Opportunities:**

Cert 3 in Landscape Construction – Kilmore (CC02072020)  
Cert 3 in Plumbing – Albury (NSI8082020)

## **Apprenticeships:**

Cert 3 in Carpentry 2nd or 3rd Year – Shepparton (NS24082020)  
Cert 3 in Landscape Construction – Kilmore (CC02072020)  
Cert 3 in Plumbing – Albury (NSI8082020)

## **Traineeships:**

Pool Construction Traineeship (Albury/Wodonga)  
2 x Childcare Traineeships (Yackandandah)

## **General Employment:**

Qualified IT Support Technician (Albury/Wodonga)

## **LA TROBE UNIVERSITY WEBINARS**

# Webinars

[latrobe.edu.au/ug-webinars](https://latrobe.edu.au/ug-webinars)

Weekly webinars to give students an insight with topics that go beyond the course information led by key academics

Upcoming topics:

- ✓ Sport management
- ✓ Media and Communications
- ✓ Aspire
- ✓ Parents information session
- ✓ Business
- ✓ Finance
- ✓ More to come!