

# INSIDE OUT

## Alexandra Secondary College

Date: 25th October 2019

On Monday 28th October students will be given the opportunity to vote for 2020 College Captains.



### Alannah Lewindon

Subjects in 2020: English, Legal Studies, Business Management, Global Politics. My future - attending Uni to become a nurse or paramedic.



### Annabelle Love

Subjects in 2020: English, Maths Methods, Chemistry, Studio Art, Distance Ed. VCE Dance  
My future - attend Uni studying Indonesian, travel, become an Indonesian Teacher.



### Yolanda Vinycomb

Subjects in 2020: English, P.E., Further Maths, Legal Studies, Physics  
My future - travel the big world, attend Uni and someday play AFLW.



### Maddy Richards

Subjects in 2020: English, Health, Legal Studies, Further Maths, Psychology. My future - attending Uni studying to become a paramedic.



### James Southam

Subjects in 2020: English, Business Management, Auto, Music, Legal Studies. My future - joining Outdoor Education or Agriculture



### Jackson Harris

Subjects in 2020: English, Legal Studies, Psychology, Further Maths, Business Management  
My future - studying Law, Music or Films



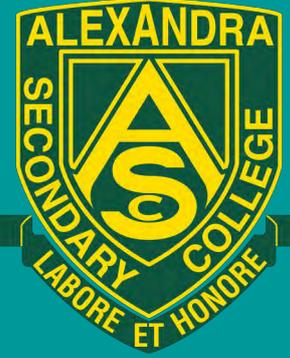
### Zac Millar

Subjects in 2020: English, Business Management, Chemistry, Biology, Further Maths  
My future - wanting to travel the world.

**Good luck to all  
our candidates**

WEEK 3

4



### Dates to remember -

#### 2020 College Captain Elections

28th Oct

#### 2020 Deb Ball meeting

28th Oct

#### Intermediate Girls Table Tennis Hume

29th Oct

#### Yr 8 Girls Volleyball Hume

30th Oct

#### VCE Exams

30th Oct—20th Nov

#### 2020 Yr 7 Transition

14th Nov

#### 2020 House Captain Election

15th Nov

#### Yr 7 Immunisations

18th Nov

#### Yr 12 Graduation

21st Nov

#### Unit 3 Headstart

21st—29th Nov

#### Final Day for Year 11s

29th Nov

#### Presentation Evening

18th Dec

#### Unit 1 Headstart

2nd—6th Dec

### Term Dates-

Term Four: Monday 7th Oct  
to Friday 20th Dec



Email: [alexandra.sc@edumail.vic.gov.au](mailto:alexandra.sc@edumail.vic.gov.au)



Web: [www.asc.vic.edu.au](http://www.asc.vic.edu.au)



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# Principal's Report

It is a momentous occasion when a student finishes secondary college and one that deserves congratulations and celebrations. On Tuesday, with the hard work of many people behind the scenes, we said farewell to our Year 12 cohort and they farewelled the school community. It was wonderful to be able to celebrate this milestone in such a positive way and share this day with family, friends, staff and students. Thanks to Tracy Parker for catering a wonderful lunch, supported by Nat Cann, Mookie, Del Mills, Tahnee Heard and Lariza Saerang-Robinson. Thanks to Sue Dundas, George Nadj, the "Hall Crew" and the "Electroheads" for their contributions in organising the Year 12s final day. We wish our Year 12s all the best as they prepare for their final exams and entering the workforce.

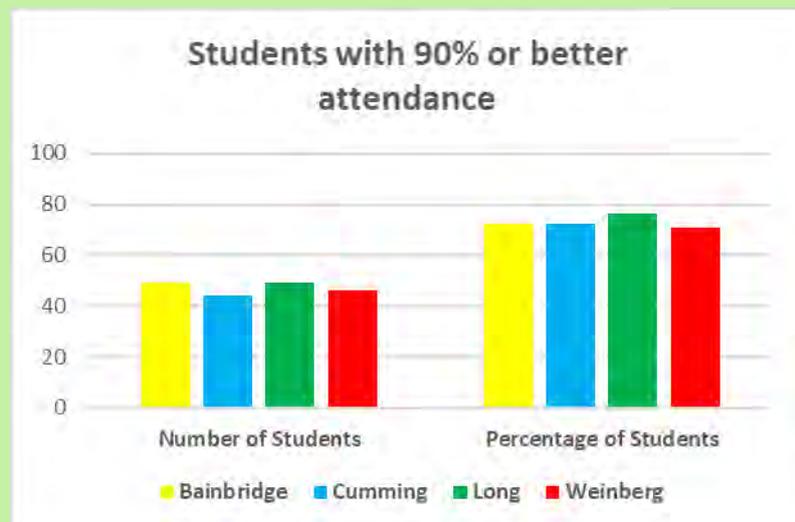
Thanks to Miss Ough and Mrs Van Lierop for taking our Year 10s to the Jewish Holocaust Centre yesterday. This is a significant annual activity for our Year 10s. It is quite a confronting experience that helps our students to connect with the novels they are studying; "Maus" and "I am Sasha". A special highlight for our students was meeting Anita Selzer, the author of "I am Sasha". This experience is also one that helps our current generation learn from history and improve how we treat our fellow humans.

Elections for the 2020 College Captains will be conducted on Monday. The candidates have written their speeches and put up their promotional posters around the school. We congratulate all of the candidates on nominating for this role, and look forward to hearing them speak at the election assembly.

Please help us to enforce the Sunsmart policy in our school by ensuring your student has a hat to wear for the remainder of Term 4.

Every day of learning has a positive impact. If your attendance is below 90% please make a concerted effort to be here every possible day.

Percentage of students with 90% attendance and above		
	Week 3	Week 4
Year 7	92%	79%
Year 8	82%	76%
Year 9	71%	68%
Year 10	79%	71%
Year 11	74%	69%



Nigel Lyttle

[lyttle.nigel.n@edumail.vic.gov.au](mailto:lyttle.nigel.n@edumail.vic.gov.au)

Sue Malcolm

[malcolm.susan.m@edumail.vic.gov.au](mailto:malcolm.susan.m@edumail.vic.gov.au)



## STAFF CONTACT DETAILS



Bainbridge—Mark Davies  
[davies.mark.j@edumail.vic.gov.au](mailto:davies.mark.j@edumail.vic.gov.au)



Cumming—Penny Stuart  
[stuart.penny.j@edumail.vic.gov.au](mailto:stuart.penny.j@edumail.vic.gov.au)

Long—Marian Rice  
[rice.marian.f@edumail.vic.gov.au](mailto:rice.marian.f@edumail.vic.gov.au)



Weinberg—Phil Kim  
[kim.kyongtae.k@edumail.vic.gov.au](mailto:kim.kyongtae.k@edumail.vic.gov.au)

## Careers News

Apprenticeship Opportunities -

Cert 3 in Carpentry - Echuca (CC030919)

Cert 3 in Plumbing - Shepparton (CC141019)

Cert III in Landscape Construction - Kilmore (CC081019)



Local Hospitality businesses in the area are wanting waitresses etc., so it would pay to door knock if you are interested in summer money!

For more information please contact Felicity Wilmot in the Careers Office  
(email: [wilmot.felicity.f@edumail.vic.gov.au](mailto:wilmot.felicity.f@edumail.vic.gov.au))



## Information Night

1st November

Somme Barracks, 110 Sobroan St, Shepparton  
Young Adults | 12-15 Years | Friday 1830-2200

RSVP: PLTOFF(AAFC) Trevor Morrison, Commanding Officer 419 Squadron  
[co.419sqn@airforcecadets.gov.au](mailto:co.419sqn@airforcecadets.gov.au) ☎ 0481 111 305  
OR WOFF(AAFC) Ray Bolton OAM, Executive Officer 419 Squadron  
☎ 0407 247 916

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and better results

“THE SECRET TO  
GETTING AHEAD IS  
GETTING STARTED”  
MARK TWAIN

### 2020 SUMMER SCHOOL VCE PREPARATION LECTURES FOR UNITS 3 & 4

You only have one chance to achieve your best in your VCE and ACCESS EDUCATION is pleased to offer you the most comprehensive head start. Our subject specific 3 1/4 hour sessions are designed to prepare you for the year ahead. The ACCESS EDUCATION Summer School program is a unique opportunity for students studying either Units 3 & 4 to experience university life while preparing for the demands of the VCE year ahead.

- ☑ **ACCESS MORE LOCATIONS**  
Burwood Deakin University 14-17 January 2020
- ☑ **ACCESS MORE SUBJECTS**  
Biology, Business Management, Chemistry, English, Further Maths, Health & Human Development, Legal Studies, Maths Methods, Physical Education, Physics, Psychology  
**PLUS: THE ULTIMATE GUIDE TO VCE SUCCESS**  
Annette Davie-Smythe
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VISIT OUR WEBSITE



# 2020 Debutante Ball

The Alexandra Secondary College Parents & Friends Association is beginning to organize the 2020 Debutante Ball which will be held on **Saturday 28<sup>th</sup> March, 2020**. All girls who are in **Year 11** next year are invited to make their debut. Their partners, chosen by the debutantes, are required to be current students at Alexandra Secondary College.

The first **compulsory information night** will be held on **Monday 28<sup>th</sup> October, 2019**, in the Secondary Hall Cafeteria at 6:00pm. It is necessary for the debutante and her partner, as well as a family member from each, to attend this meeting so that the preliminary arrangements can be finalized.

This is an opportunity for students and parents to get the information they require about the Deb Ball and ask any questions they might have. At this initial meeting a number of decisions need to be made:

The students choose a theme and colour scheme for their ball. We encourage all debutantes and their partners to discuss the ideas amongst themselves prior to the meeting so they have some suggestions to present.

The students will vote for one girl and one boy representative to be their spokespeople at committee meetings and on the night of the ball.

A Deb Ball Committee of **at least 8 people** will need to be formed. Parents & Friends will be on hand to offer support, however the Deb Ball is organized by a committee made up of parents and guardians of the debutantes and their partners. Without a committee the Deb Ball will not happen, so please consider what help you can offer.

The success of this occasion relies heavily upon the input of all families involved. There are many areas where assistance will be required including making decorations, organising ticket sales, arranging the photographer and photo times and preparing the hall. Many hands make light work.

**Please complete the attached form: this MUST be handed in at the information night.**

If you have any questions, please contact Simone Russell on 0417 395 469.



2019 Debutantes and partners.

# Second-hand Books for 2020

The following list of books are those which are able to be bought or sold second-hand.

These are books previously listed on the 2019 school booklist which are still current for use in 2020.

The Recommended Retail Price (RRP) is listed against each book. The sale/purchase price should be dependent upon the condition of the book, and should be set by the seller, with an approximate second-hand price listed as a guide only.

To buy or sell second-hand books, we suggest you contact parents or students who may have those books for sale or are wanting to buy for 2020, or advertising using other means such as the Alexandra BUY, SWAP and SELL Facebook group.

**The school DOES NOT have a role in the sale of second-hand books other than those listed as available for purchase from the front Office – check Inside Out for more information.**

Year Level	Buy/Sell	RRP	Approximate price second-hand
7	Oxford Science 7 Vic Curriculum	\$64.95	\$30-35
8	Oxford Science 8 Vic Curriculum	\$64.95	\$30-35
9	Oxford My Maths 9 Vic Curriculum Uglies	\$67.95 \$17.99	\$30-35 \$10
10	To Kill a Mockingbird I Am Sasha (a limited number of copies (\$13) are available for purchase from the front Office) Oxford My Maths 10/10A Victorian Oxford Science 10 Vic Curriculum	\$18.90 \$17.99 \$67.95 \$64.95	\$8-10 \$13 \$30-35 \$30-35
<b>Year 11 (VCE Units 1&amp;2)</b>	<b>Biology</b> – Nelson Biology VCE Units 1&2 Student Book <b>Chemistry</b> – Heinemann Chemistry 1 Student Book (ebook reactivation code - \$25 - OPTIONAL) <b>English</b> Jasper Jones No Fear Shakespeare: Macbeth <b>General Maths</b> – Cambridge Senior Maths AC/VC: General Mathematics Units 1&2 (ebook reactivation code - \$19.95 - OPTIONAL) <b>Maths Methods</b> – Cambridge Senior Maths AC/VC: Mathematical Methods Units 1&2 (ebook reactivation code - \$19.95 - OPTIONAL) <b>Physics</b> – Heinemann Physics 11 Student Book (ebook reactivation code - \$25 - OPTIONAL) <b>Psychology</b> – Psychology VCE Units 1&2 <b>Studio Arts</b> – Artisan Studio Arts VCE Units 1-4	\$89.95 \$84.95 \$19.95 \$12.99 \$87.95 \$87.95 \$87.95 \$87.95 \$94.95 \$74.95	\$45-50 \$40-45 \$10-12 \$7-8 \$45-50 \$45-50 \$40-45 \$45-50 \$35-40
<b>Year 12 (VCE Units 3&amp;4)</b>	<b>Biology</b> – Nelson Biology VCE Units 3&4 Student Book <b>Chemistry</b> – Heinemann Chemistry 2 Student Book (ebook reactivation code - \$25 - OPTIONAL) <b>English</b> Ransom The Women of Troy <b>Legal Studies</b> – Justice and Outcomes VCE Legal Studies Units 3&4 <b>Further Maths</b> – Cambridge Senior Maths AC/VC: Further Mathematics Units 3&4 (ebook reactivation code - \$19.95 - OPTIONAL) <b>Maths Methods</b> – Cambridge Senior Maths AC/VC: Mathematical Methods Units 3&4 (ebook reactivation code - \$19.95 - OPTIONAL) <b>Physics</b> – Heinemann Physics 12 Student Book (ebook reactivation code - \$25 - OPTIONAL) <b>Psychology</b> – Psychology VCE Units 3&4 <b>Studio Arts</b> – Artisan Studio Arts VCE Units 1-4	\$89.95 \$84.95 \$18.95 \$26.95 \$75.95 \$87.95 \$87.95 \$87.95 94.95 \$74.95	\$45-50 \$40-45 \$9-11 \$12-15 \$35-40 \$45-50 \$45-50 \$40-45 \$45-50 \$35-40

Occasionally, “homeless” textbooks have found their way to lost property in the library and are available for purchase from the school, with proceeds going to Parents & Friends Association.

As these become available, an updated list will be included in the Inside Out each Friday.

If you wish to purchase one of these books, please see Felicity Smith in the library office, or contact the front Office.



# VCE Exam Timetable

		<p>Oct 30 (ASC Hall) 9am - 12:15pm <a href="#">English</a></p>	<p>Oct 31 (Alexandra Golf Club) 9am - 11:45am <a href="#">Psychology</a></p>	<p>Nov 1 (Alexandra Golf Club) 9am - 11:45am <a href="#">Biology</a></p> <p>2pm - 3:45pm <a href="#">Further Maths I</a></p>
<p>Nov 4 (ASC Hall) 9am - 10:45am <a href="#">Further Maths 2</a></p> <p>3pm - 5:15pm <a href="#">Business Management</a></p>	<p>Nov 5 MELBOURNE CUP DAY</p>	<p>Nov 6 (ASC Hall) 9am - 10:15am <a href="#">Maths Methods I</a></p>	<p>Nov 7 (Alexandra Golf Club) 3pm - 5:15pm <a href="#">Maths Methods 2</a></p>	<p>Nov 8 (Alexandra Golf Club) 3pm - 5:15pm <a href="#">Health &amp; Human Development</a></p>
<p>Nov 11</p>	<p>Nov 12 (Alexandra Golf Club) 9am - 11:45am <a href="#">Chemistry</a></p> <p>2pm - 4:15pm <a href="#">Legal Studies</a></p>	<p>Nov 13 (ASC Hall) 9am - 11:45am <a href="#">Physics</a></p> <p>2pm - 3:45pm <a href="#">Visual Communication</a></p>	<p>Nov 14</p>	<p>Nov 15 (Alexandra Golf Club) 9am - 10:45am <a href="#">VET Sport &amp; Recreation</a></p> <p>9am - 10:45am <a href="#">Studio Art</a></p>
<p>Nov 18</p>	<p>Nov 19</p>	<p>Nov 20 (ASC Doctors surgery rooms) 11:45am - 2pm <a href="#">Indonesian Second Language</a></p>	<p>Nov 21</p>	<p>Nov 22</p>

All students sitting VCE exams have been provided with a copy of the Exam Navigator booklet which details all their exam sessions and the materials they are allowed to take into exams. The Navigator also details the rules students are expected to follow during exams.

Please read the Navigator carefully as any breaches in exam rules will be reported to the VCAA.

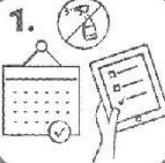
# 7 TIPS FOR MANAGING EXAM STRESS

REACH  
OUT.COM

## FOR YOUNG PEOPLE

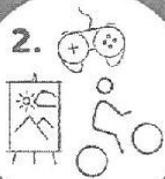
## FOR PARENTS/CARERS

Stay organised with to-do lists and study timetables



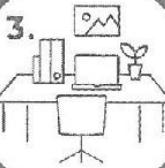
Give them time off chores and non-urgent family stuff

Take regular study breaks



Encourage them to keep doing the activities they did before exams

Have a dedicated study space



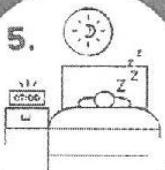
Help them set up a study space and make sure the rest of the family understands

Have a long term goal



Chat with them about what they want to do after exams

Get as much sleep as possible



Remind them to go to bed at a regular time each night

Remember your health: eat well and stay active



Go on study break walks with them and try to cook wholesome meals

Talk to the people around you



Make a time to chat to them and let them vent

## VCAL News

Students in VCAL have been busy at work expanding the 'Worms On Wheels' composting program that has been building over the last couple of years.

The compost bays were relocated at the beginning of the year from the St John's Anglican Church to the school grounds, in order to maximise the efficiency of class time. On average, over 400 kg of organic matter was saved each term from going straight to landfill. By the end of the year, it is predicted that the class will have saved roughly 1600 kg from going to landfill. The CO<sub>2</sub> emissions saved as a result of this is equivalent to 26 petrol tanks being used, or 271 days of electricity use for an average Australian household with three residents.

As well as working with local businesses to collect food waste, students expanded their involvement in the community. Many students helped out at the Open Night, running activities and giving talks about the VCAL program. Josh Forden, Bree Piergrosse and Michael Harwood helped manage the food waste at the local Alexandra Farmstay Festival. The local council also recognised the achievements of our program, with the Regional Waste Education Officer, Grace Davis-Williams coming to train our students on how to give workshops on setting up worm farms. This included the council donating six worm farms to our school, further expanding the amount of organic matter we are able to prevent from going to landfill.



On Saturday 19<sup>th</sup> October, there was a public workshop to find out about Windywood Worm Castles. These are worm farms made in Kilmore using 100% recycled plastic from Australia. Our Year 12 VCAL students were taught all the information around worm farms and were trained on how to run workshops. It was a great day at the Embassy Of Ideas in Alexandra with local community members, young and old, coming along to learn something new, as well as sharing some of their own tips.

ASC's very own Emma Kidd walked away with the raffle prize as well – a Windywood Worm Castle with 1000 worms already set up! We'd like to thank Grace Davis-Williams in particular – she is the Waste and Resource Recovery Education Officer across Murrindindi, Strathbogie and Mitchell shires and was instrumental in setting up this opportunity. The Shire has also donated six worm farms to the school to help expand our food composting program. We are very grateful for their generosity!



# Holocaust visit

## HOJOCANZ VIZIT

On Thursday the 24<sup>th</sup> of October year 10 students set off from the College on the long bus drive to Elsternwick, Melbourne. There, students visited the Jewish Holocaust Centre where: they received an introduction to the historical event; were taken on a tour of the museum where they could view primary artefacts; and were able to meet and listen to a harrowing story of survival from Paul Grinwald, a man who hid from Nazi persecution in rural France. After all of this, students received the additional opportunity to meet and ask questions of Australian author Anita Selzer who agreed to meet our students as they are studying her book 'I am Sasha', a story of her father's feat of disguising himself as a girl during the Nazi invasion of Poland and ultimately surviving.

Students also enjoyed the brief opportunity to shop and explore one of Melbourne's suburbs, an added benefit from travelling to our nearest city. Students were exceptionally behaved and attentive ultimately representing both our school and community well.



## Goodbye and good luck to our Year 12 students.

Alexandra Secondary College Year 12 students celebrated their last day of school on Tuesday. Parents and Friends joined staff and the class of 2019 for a luncheon in the restaurant before the Year 12s sang and danced their farewell to the school at assembly. The 2019 Year 12s then gathered in the Memorial Garden to lay their pavers. Farewell, good luck and thank-you Year 12s for your contributions to the ASC community.

\*\*More photos on our Facebook page.

