

# INSIDE OUT

## Alexandra Secondary College

Date: 18th October 2019

### Farewell to our 2019 Year Twelve Students

Next Tuesday 22nd October, marks the last day of school for the Year 12 Class of 2019, at the College. They have been a wonderful cohort of students and we have enjoyed watching them grow into young adults over the past six years.

You may have noticed some oddly dressed students entering the school grounds this week and there is good reason for that! The Year 12s have been dressing up each day in different costumes according to different 'themes'. It began on Wednesday as the girls embraced their masculinity and the boys their femininity as their dress took on different genders. Thursday was themed as 'Yeehaw' and Friday was the theme of 'what I want to be when I grow up'. Next Monday is "Aussie Legends" and lastly on their final day of school, we will see them 'reinvent' their school uniform, which has formed a strong part of their identity over the last six years.

Classes for Tuesday will run as normal for periods 1 to 4 and at lunchtime the Year 12s will have a special luncheon. Following lunch, there will be a whole school assembly in the hall, where we will be entertained by the Year 12s as a final farewell gesture. We have been told it will be a fun and enjoyable show, but the details are being kept a closely guarded secret! The Year 12s will then lay pavers at the front of the school as they are formally farewelled from the College.

We wish the Year 12s all the best with their final exams and look forward to hearing about their future endeavours.

### Holocaust Museum Excursion

The number of people who died in the Holocaust in World War II, is equivalent to the population of the whole of Victoria. Year 10 students have the opportunity to travel to the Jewish Holocaust Museum in Elsternwick on Thursday 24th October, to learn about the atrocities of the Holocaust.

The focus for English classes this term is the Holocaust as students are studying the novel 'I Am Sasha' and 'Maus', a graphic novel written by Art Spiegelman. 'Maus' is a biographical account of Art's father, Vladek, who survived the Holocaust in World War II.

The visit to the museum will allow the students to be engaged in meaningful discussions about the Holocaust. They will be given a tour of the museum by guides who are relatives of Holocaust survivors. They will also have the opportunity to hear from some Holocaust survivors and learn about their life stories. The session ends with a special ceremony where two students from the college are asked to light a candle in memory of those who died.

In addition, this year there is a special opportunity for students to meet and ask questions of Anita Selzer, the author of the 'I Am Sasha'. This will be done at no additional cost to students and is quite a privilege.

The college offers this excursion annually to Year 10 students. It is a very memorable trip and students always comment on how much of a profound impact it has on them.

WEEK 2

4



### Dates to remember -

Last day of Yr 12 classes  
22nd Oct

Puckapunyal bike ride lunch  
23rd Oct

Yr 10 Holocaust Museum  
exc.  
24th Oct

2020 College Captain  
Elections  
28th Oct

VCE Exams  
30th Oct—20th Nov

2020 Yr 7 Transition  
14th Nov

2020 House Captain Election  
15th Nov

Yr 7 Immunisations  
18th Nov

Yr 12 Graduation  
21st Nov

Unit 3 Headstart  
21st—29th Nov

Final Day for Year 11s  
29th Nov

Presentation Evening  
18th Dec

Unit 1 Headstart  
2nd—6th Dec

### Term Dates-

Term Four: Monday 7th Oct  
to Friday 20th Dec



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# Principal's Report

It has been a colourful week this week with our Year 12s dressing to a theme each day in their last week of school. This is a fun tradition. Tuesday next week, is the last day of classes for our 12s, where we will enjoy a lunch with them and their families followed by an assembly in their honour and the formal laying of their pavers in the memorial garden.

Our Year 11 VET Sport and Recreation students did a fantastic job on Monday. With the support of Mrs Crouch, Bron, Mr Heyes and Mrs Simcox from St Marys Primary School and Ms McInnes from Alexandra Primary School, they organised and ran an engaging and energetic transition day with our 2020 Year 7s. We have two more transition days to come to help our new Year 7s get to know each other and our school community.

What are you reading at the moment? Mr Lyttle is reading "The Revenge of the Dwarves", the third book in Markus Heitz's fantasy series. He recently read the new Year 12 text for next year "Like a House on Fire", a collection of short stories by Australian author Cate Kennedy. Mrs Malcolm is reading "Unconditional Love" an autobiography by Jocelyn Moorehouse about her autistic children. Thanks to "Parents & Friends Association" we have set aside copies of all of the novels our English students read from Year 7 to Year 12. The thought is that our parents would like to read these books along with their sons and daughters and talk about what they are reading together. Details about borrowing from our "Parents' Library" are highlighted in "Inside Out" today.

We know every day of learning has a positive impact. Well done to all of our students who have 90% attendance or above.

Percentage of students with 90% attendance and above	
Week 3	
Year 7	92%
Year 8	82%
Year 9	71%
Year 10	79%
Year 11	74%



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Sue Malcolm  
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Year 8 students completing a test on Financial Maths.





Remember to follow our ASC Facebook page to keep up to date

### STAFF CONTACT DETAILS



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# Parent Library Borrowing

The Parent Library has been established with financial support from Parents & Friends.

Its purpose is to give parents/guardians/carers the opportunity to access the texts that their child is reading at school in English, and to engage with them about these books.

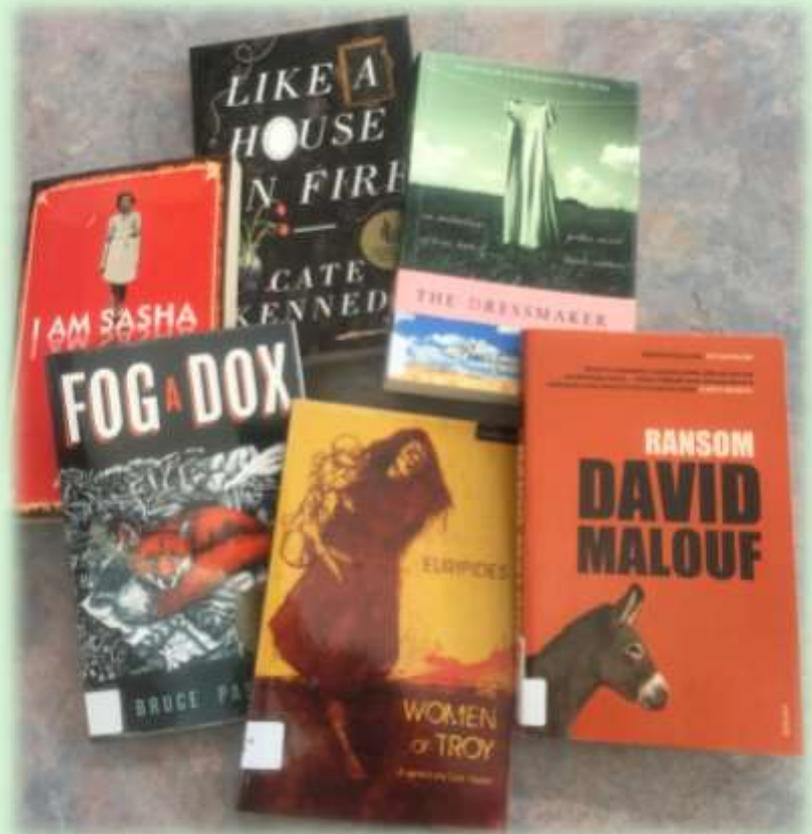
The following information will help us manage the borrowing of these books.

- The loans period for books in the Parent Library is two weeks. When you borrow a book, the return date will be stamped in the back of the book.
- If all copies of the required book are already on loan, you can reserve a copy.
- Once a reserved copy becomes available, we will let you know.
- You can borrow directly from the library during school hours or we can send the book home with your son/daughter

If you are unable to get to the library, you can phone the front Office to arrange a loan or reserve a copy.

## Available Titles

Year 12	Women of Troy Ransom Like a House on Fire
Year 11	The Dressmaker Jasper Jones Macbeth
Year 10	To Kill a Mockingbird I Am Sasha Romeo and Juliet Maus
Year 9	Uglies
Year 8	Red Dog Coraline
Year 7	Fog A Dox Trash



# 2020 Debutante Ball

The Alexandra Secondary College Parents & Friends Association is beginning to organize the 2020 Debutante Ball which will be held on **Saturday 28<sup>th</sup> March, 2020**. All girls who are in **Year 11** next year are invited to make their debut. Their partners, chosen by the debutantes, are required to be current students at Alexandra Secondary College.

The first **compulsory information night** will be held on **Monday 28<sup>th</sup> October, 2019**, in the Secondary Hall Cafeteria at 6:00pm. It is necessary for the debutante and her partner, as well as a family member from each, to attend this meeting so that the preliminary arrangements can be finalized.

This is an opportunity for students and parents to get the information they require about the Deb Ball and ask any questions they might have. At this initial meeting a number of decisions need to be made:

- The students choose a theme and colour scheme for their ball. We encourage all debutantes and their partners to discuss the ideas amongst themselves prior to the meeting so they have some suggestions to present.
- The students will vote for one girl and one boy representative to be their spokespeople at committee meetings and on the night of the ball.
- A Deb Ball Committee of **at least 8 people** will need to be formed. Parents & Friends will be on hand to offer support, however the Deb Ball is organized by a committee made up of parents and guardians of the debutantes and their partners. Without a committee the Deb Ball will not happen, so please consider what help you can offer.

The success of this occasion relies heavily upon the input of all families involved. There are many areas where assistance will be required including making decorations, organising ticket sales, arranging photographer and photo times and preparing the hall. Many hands make light work.

**Please complete the form which is available from the front Office or attached to the notice on Sentral: this MUST be handed in at the information night.**

If you have any questions, please contact Simone Russell on 0417 395 469.

Thank you,

Alexandra Secondary College Parents & Friends Association.

## Careers News

Apprenticeship Opportunities -

Cert 3 in Fabrication - Shepparton (NS081019)

Cert 3 in Carpentry - Echuca (CC030919)

Cert 3 in Business - Shepparton (CC1081019)

Cert 3 in Plumbing - Shepparton (CC141019)

Cert III in Landscape Construction - Kilmore (CC081019)



Local Hospitality businesses in the area are wanting waitresses etc., so it would pay to door knock if you are interested in summer money!

For more information please contact Felicity Wilmot in the Careers Office (email: [wilmot.felicity.f@edumail.vic.gov.au](mailto:wilmot.felicity.f@edumail.vic.gov.au))

# 7 TIPS FOR MANAGING EXAM STRESS

REACH  
OUT.COM

## FOR YOUNG PEOPLE

## FOR PARENTS/CARERS

Stay organised with to-do lists and study timetables



Give them time off chores and non-urgent family stuff

Take regular study breaks



Encourage them to keep doing the activities they did before exams

Have a dedicated study space



Help them set up a study space and make sure the rest of the family understands

Have a long term goal



Chat with them about what they want to do after exams

Get as much sleep as possible



Remind them to go to bed at a regular time each night

Remember your health: eat well and stay active



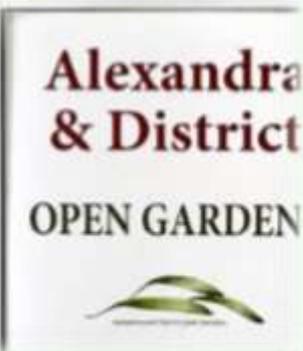
Go on study break walks with them and try to cook wholesome meals

Talk to the people around you



Make a time to chat to them and let them vent





the **MAT** program  
a therapeutic martial arts program



# THE MAT PROGRAM ALEXANDRA, VIC.

In collaboration with **Alexandra Community Hub**, The MAT Program uses physical activities, games and exercises to improve young people skills in areas such as resilience, emotional regulation, respectful relationships and active mindfulness.

**WHEN:** TUESDAYS COMMENCING IN OCTOBER  
**TIME:** GROUP 9 TO 12 YO. FROM 4 PM TO 5 PM  
GROUP 13 TO 16 YO. FROM 5 PM TO 6 PM  
**WHERE:** 38A DOWNEY STREET, ALEXANDRA, VICTORIA 3714

More information and bookings visit  
[www.facebook.com/Alexandracommunityhub/](http://www.facebook.com/Alexandracommunityhub/) or  
call 5772 1238



## Are you interested in a Career in Health Care or Community Services?

### Find out about GOTAFE Course Information Sessions

To help you decide on a study path after school, GOTAFE offers information sessions throughout the year where you can find out about particular study areas, how to apply, the enrolment process, tuition fees, and additional testing or interviews. Parents and secondary school teachers are also encouraged to attend.



#### Upcoming Sessions at GOTAFE's Seymour Campus\*

Date	Time	Area
21 October	4pm- 5pm	Mental Health, Alcohol & Other Drugs
22 October	5:30pm - 6:30pm	Early Childhood & Education Support
23 October	12pm - 1pm	Mental Health, Alcohol & Other Drugs
28 October	5pm - 6pm	Mental Health, Alcohol & Other Drugs
30 October	5:30pm - 6:30pm	Early Childhood & Education Support
30 October	4pm- 5pm	Nursing
31 October	5pm - 6pm	Ageing Support
7 November	3pm - 4pm	Disability Support
18 November	4pm - 5pm	Disability Support
20 November	9am - 10am	Nursing
21 November	5pm - 6pm	Disability Support
5 December	5:30pm - 6:30pm	Early Childhood & Education Support
5 December	5pm - 6pm	Ageing Support

\*Please check the GOTAFE website regularly for any additional information sessions or cancellations.

#### How to Register for a Session

You can register to attend for any of the upcoming information sessions via GOTAFE's public website or, by speaking to the reception staff at your nearest campus.

[gotafe.vic.edu.au](http://gotafe.vic.edu.au) | 1300 GOTAFE (468 233)

gotafe

TAFE VICTORIA