

INSIDE OUT

Alexandra Secondary College

Date: 13th September 2019

Indonesian Tour

From Sunday, September 15th until Saturday, September 28th, eight students from Year 9 and 10 will be in Indonesia with Marian Rice, Nigel Lyttle, Robyn Wilson and Brian Heard. Thanks to everyone who supported the free dress day, Indonesian lunch and cake stall fundraisers, as well as Eildon Opportunity Shop for their amazing donation. Special thanks to Mookie, Nat and the team of handy helpers, who prepared the chicken satay, mie goreng and nasi goreng

dishes. Enak sekali!

The tour will encompass three main islands: Java, Kalimantan (Borneo) and Bali.

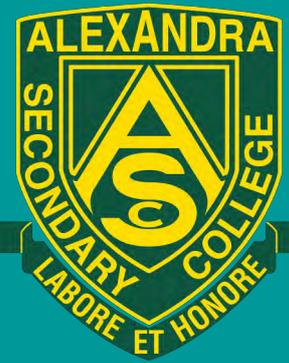
Some highlights include:

- Swimming at volcanic hot springs (Mt Kintamani)
River cruise through the jungles of Borneo
- Many amazing endemic Indonesian animals:
Proboscis-nosed Monkeys, Tarsiers, Orangutans etc
- 3 hour train ride through Java
- Waterbom Park
- Homestay at SMP Labschool, Jakarta.
- Catching up with SMP Labschool friends, Robita, Asri, Syahla, Eka, Nyoman and Keith Fletcher. (The list is getting ever longer!)

SELAMAT PERJALANAN SEMUA! (Have a great trip everyone!)



WEEK 9 3



Dates to remember -

Indonesian Tour

15th—28th Sept

Penny Concert, Free Dress Day, Elf Reading Day

20th Sept

Mittagundi

20th/29th Sept

Term 4 starts

7th Oct

Hume Athletics

10th Oct

Grade 6 Transition Day

14th Oct

Yr 9 Drama Excursion

21st Oct

Last day of Yr 12 classes

22nd Oct

Yr 10 Holocaust Museum exc.

24th Oct

2020 College Captain Elections

28th Oct

VCE Exams

30th Oct / 20th Nov

2020 Yr 7's Transition

14th Nov

2020 House Captain Election

15th Nov

Yr 7 Immunisations

18th Nov

Yr 12 Graduation

21st Nov



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Principals' Report

As always, it was a pleasure to host our families at Parent/Teacher/Student night on Wednesday. If for any reason you missed the night, missed a teacher or have further queries, please as always, feel free to email our teachers and they will email you back or give you a call. All staff emails can be found on our website: <http://asc.vic.edu.au>

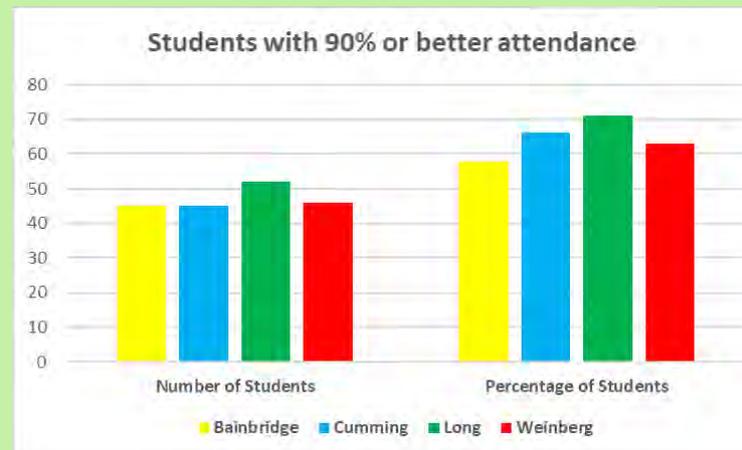
We are fortunate to live in a time where we have much more knowledge and openness around mental health, however, there is still much more work to be done in this space. Yesterday, thanks to our Welfare team we had RU OK day, a great initiative for improving our consciousness around mental health. Highlights of the day were pancakes at lunchtime, Simon Flynn dressed up in a big smiley face and above all, lots of staff and students asking the question: R U OK? We hope that we can all look out for each other every day, like we did today.

Yesterday our Year 11s took part in the "Fit to Drive" programme. This is an annual event for our Yr11s that promotes being safe on our roads; making good choices both as a driver and as a passenger.

We wish our Year 9 and 10 Students on the trip to Indonesia a wonderful 16 days together, enjoying learning about and experiencing the rich culture of one of our closest neighbours! Our sister school, Lab School Jakarta, have invited me, as Principal, to join the trip and I am looking forward to strengthening the bond we have with our Indonesian friends and colleagues. Our students are also looking forward to this part of the trip, where they will be hosted for two nights in the homes of Lab School students; the majority of whom we hosted when they visited us last year.

Every day of learning makes a positive impact on student lives. One week of learning left for the term, let us make the most of it!

Percentage of students with 90% attendance and above						
	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Year 7	83%	90%	88%	88%	85%	90%
Year 8	68%	73%	68%	73%	71%	66%
Year 9	68%	68%	63%	61%	58%	60%
Year 10	63%	63%	57%	61%	59%	57%
Year 11	78%	81%	78%	78%	73%	73%
Year 12	78%	75%	81%	78%	67%	64%



Nigel Lyttle

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Sue Malcolm

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**Next P&F Meeting Monday 7th October, 7pm in the ASC staffroom.
ALL WELCOME.**



Remember to follow our ASC Facebook page to keep up to date

STAFF CONTACT DETAILS



Bainbridge— Mark Davies

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Long—Marian Rice

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Weinberg—Phil Kim

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Careers News

Apprenticeship Opportunities -
Cert 3 in Plumbing - Echuca (NW300719)
Cert 3 in Carpentry - Echuca (CC030919)
Cert 3 in Business - Shepparton (CC030919)
Cert 3 in Arboriculture - Yarrawonga (CC100919)
Cert 3 in Landscape Construction - Echuca/Moama (CC100919)
Cert 3 in Landscape Construction - Kilmore (CC200519)



La Trobe University News

Campus Talk & Tours

Booking are now open for La Trobe University, Bendigo Campus Talk and Tours in the upcoming school holidays.

Open between Monday 23 September and Thursday 26 September, students and their families are given the opportunity to meet with one of our friendly team to have their course questions answered and enjoy a tour of the campus and accommodation with a student ambassador who can talk about student life at La Trobe.

Bookings can be made at <https://www.latrobe.edu.au/events/all/bendigo-campus-talk-and-tours>

Please encourage students to register for the event, it's a great opportunity!

Build Your Study Skills Webinar

September 19th, 23rd and 24th Sept

2018

Photos

For September we'll be running three repeat workshops for Year 11 & 12 students who are in the midst of studying for exams!

These workshops, hosted by the Peer Learning Advisors, will be going over everything students should be doing to prepare for their exams like organising notes, tips and tricks at remembering information chunks, etc as well as everything not to do.

There are a few great reasons and incentives for students to attend these workshops:

Take time for themselves to prepare for their exams

Receive one free VCE subject revision lecture delivered by Access Education

We have three sessions for the webinars in the month of September:

Thursday 19 - 6.00pm

Monday 23 - 2.00pm

Tuesday 24 - 2.00pm

Students can register themselves by going to this [link](#). Read more about the event on the event page:

<https://www.latrobe.edu.au/events/all/build-your-study-skills-webinar>

Penny Concert

The Penny Concert is a great tradition at the College. It is the event we use to showcase the many and varied talents of our students, raise money for a worthy cause and to celebrate the achievements of Term 3. It is also the last event the departing Year 12 students celebrate with the whole College prior to their final assembly.

The Penny Concert is organised and run by the Student Representative Council.

All students are encouraged to consider auditioning for this year's Penny Concert, and auditions are currently being held. Dancing, singing, joke telling, comedy skits, juggling and instrumental acts are all welcomed. Students may participate in a maximum of two acts, one individual and one group act. The crowd shows their enjoyment of each performance by putting money (originally pennies but now silver coins) in collection buckets. SRC members pass the buckets around at the end of each act to collect the 'pennies'. The winner is the act that raises the most money. We encourage students to start collecting silver coins now to ensure they have a sizeable collection for distribution on the day.

We have fabulous talent in our College and we are looking forward to seeing who ends up vying for the favour of the audience on the last day of term.

Parents and families are encouraged to attend. The Penny Concert is in the College Hall, on the last day of Term 3, Friday 20th September at 1:20pm.

Also SRC Free Dress Day on Friday 20th please bring a gold coin donation.



Year 7 students—start finding those costumes for Elf Reading Day, Friday 20th September.



Young Men Old Mountains Program for 2019 - 2020

Congratulations to the following fantastic young men who have been accepted into the Young Men Old Mountains Program for 2019 - 2020!!

Jacob Bourke, Brad Christie ,Oscar Draper, James Geldart, Brodie Humphries,

Bowen McCarthy, Jacob Molesworth, Lachie Newcombe, Zach Snow and Rohan Wilson

Kayla from OEG will be in touch with more information. (Ask your folks to check their emails)

Well done - we know you'll really enjoy and get a lot out of the program.

The Outdoor Education Group believe that young men in modern communities need to be given opportunities to test themselves, to take risks in a supported environment, to be physically and emotionally challenged and have their reflection on these challenges facilitated and rewarded. They need to feel the sense of achievement that comes with voluntarily attempting something difficult. They need to feel they have earned the right to start thinking more positively about themselves as they mature. OEG has therefore developed the 'Young Men, Old Mountains program'.

Senior Young Men, Old Mountains Expedition is a ten day journey for up to ten boys from Year 10. The Journey will be in the Mt Stirling/Mt Howitt region of the Alpine National Park. Sections of the Great Alpine Walking Track (around Mt Speculation and Mt Howitt) and the purpose built Mountain Bike trails on Mt Stirling are utilised. This region provides the perfect environment to challenge and inspire young men. They will experience hiking and cycling in some of the most stunning topography the Victorian High Country has to offer.

Pancakes on RU OK day was a hit! On Thursday, pancakes were offered for all students at lunch time, with a message to check in with each other to ask 'RU OK?' ... every day, not just on RU OK day. A big thank you goes to Declen Allan, Simon Flynn and Will Cannan for helping set up. Declen stayed to do an AMAZING job cooking and serving pancakes as well. Michael Harwood dished out the dollops of cream with style. Simon Flynn and Levi Murphy took turns entertaining the students waiting in line, whilst wearing a big smiling face. Nerissa and Heidi from Murrindindi Shire encouraged students to write positive affirmations which will be turned into bunting to be displayed. A special thanks to the Wellbeing team, especially Sara Watts, for organising the fun event.



**R U OK
Day?**



Come and try day
Saturday 12th
October



**Little Athletics
Victoria**

Season Starts
Saturday 19th
October

REGISTRATIONS NOW OPEN

**MURRINDINDI
LITTLE ATHLETICS**

2019-2020 SEASON

EVENTS

- SHOT PUT
- DISCUS
- JAVELIN
- SPRINTS
- HURDLES
- LONG DISTANCE
- LONG JUMP
- HIGH JUMP
- TRIPLE JUMP



TO REGISTER GO TO:
<http://www.lavic.com.au/>

Check out our
Facebook page:
**Murrindindi Little
Athletics Centre**

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